

ESC NEWSLETTER - Volume 7 - Number 3 - 2010

Newsletter from The European Society of Contraception and Reproductive Health

Membership



Dear Colleague,
Dear Friend,

Please find online (<http://www.escrh.eu/>) an application form to renew your membership, to the European Society of Contraception and Reproductive Health (ESC) for the year 2011.

We are delighted to announce that the Journal (European Journal of Contraception and Reproductive Health Care) is again included in the membership fee (50 euro) without any additional cost.

We have listed here a few of the benefits you enjoy as member:

- 6 free editions of the official Society Journal,
- 3 newsletters,
- Members may apply to stand for the Board or Expert Groups (vacancies are announced on the ESC website),
- Members may apply to the ESC for educational grants,
- Members get free attendance to the ESC Seminar and substantial reduction of the ESC Congress fee,
- Personal access to the new ESC website: www.escrh.eu

Please note this date for your diary:

12th ESC Congress
Myths and misconceptions versus evidence on contraception
Athens, Greece - June 20 - 23, 2012

On behalf of the Executive Committee and the Board, we want to express our sincere thanks for your efforts, enthusiasm and good will, which have contributed to the health and further growth of our Society.

We wish you health, happiness, fulfillment and prosperity in the New Year!

Yours sincerely,
Best regards,

Katarina Sedlecky
ESC Secretary General



ESC Seminar

Seminar – new date

The date of the seminar has changed because of a coinciding activity in Kaunas so we are happy to inform you on the new date : 23 – 24 September 2011

Granted project

Seminar on medical termination of pregnancy in the 1st and 2nd trimesters

Department of Obstetrics and Gynecology, WHO Collaborating Centre for Research and Training in Reproductive Health, University Medical Centre Ljubljana, Ljubljana, 19 March 2010

This project was supported by an ESC grant.

The Department of Obstetrics and Gynecology, University Medical Centre Ljubljana, the Association of Perinatal Medicine, the Slovene Medical Society, and the European Society of Contraception and Reproductive Health were the organisers of the second seminar on medical termination of pregnancy.

Why this seminar? Because there were 4946 legal abortions and 3092 terminations due to spontaneous abortion in Slovenia in 2008 (data collected by the Institute of Public Health, Republic of Slovenia). The aim of this year's seminar was to refresh and upgrade knowledge, to review the results, and to see where we are currently. At the beginning of 2009 we, at the Department extended the indications for medical abortion to the 2nd trimester, and we felt it reasonable to acquaint colleagues with this experience.

The seminar was carried out in an extremely interactive way, proof that organization of this event was timely. It was divided into three sessions: 1st trimester abortions, 2nd trimester abortion, and the experience of five departments of obstetrics and gynecology (Ljubljana, Ptuj, Jesenice, Nova Gorica, Maribor). Our guest speaker, Dr Christian Fiala from Vienna, with his years of experience with surgical and medical abortion, presented an interesting and informative lecture. His continuing research and clinical work has led to constant improvement of the safety and accessibility of abortion and contraception. He is certain that 1st trimester medical abortion can be safely performed in a domestic setting, which has actually been put into practice in Sweden since 2004.

The conclusions of the seminar were that medical abortion has been used in some departments, whereas in others it has not yet been introduced. The teams from the departments with experience confirmed their own satisfaction as well as the satisfaction of the women. In these departments, medical abortion is already more frequently used than surgical abortion, and our aim is to increase the medical abortion rate in Slovenia from the current 30% to 70%. We urgently need national guidelines, and reimbursement of costs by health insurance for the new service.

This one-day seminar was attended by almost 100 physicians, midwives, nurses and social workers, which was the limit for the Department's lecture room. All the lectures were published in a book of proceedings in the Slovene language with the exception of Dr Fiala's lecture, originally presented in English.

*Andreja Štolfa Gruntar, MD
Assistant Professor Nataša Tul Mandić, MD, PhD
Mojca Pirc, MA*

ESC Workshop

Workshop, Budapest, 5-8 November 2010



Following the very successful workshop "modern contraception in the modern world" held in Budapest in April 2009, the ESC is organising a similar event in the autumn of 2010.

The programme comprises a mixture of lectures and small group discussions, and the participants can practise fitting the different types of IUDs and implants. This event is now fully booked...

New guidelines

New European guidelines on sexuality education by the WHO

The first detailed European guidelines to help public health decision-makers develop appropriate curricula for sexuality education have been issued.

The WHO Regional Office for Europe released the guidelines 20 October at a WHO European meeting on challenges in improving sexual health, which took place in Madrid, Spain under the auspices of the Ministry of Health and Social Policy. The guidelines were developed by a group of 20 experts from 9 European countries under the guidance of the Federal Centre for Health Education (BZgA) in Cologne, Germany and the WHO Regional Office for Europe. They provide step-by-step instructions and a detailed matrix to support health and education professionals in their efforts to guarantee children accurate and sensitively presented information about sexuality.

For more information on these guidelines:

<http://www.euro.who.int/en/what-we-publish/information-for-the-media/sections/latest-press-releases/new-european-guidelines-on-sexuality-education-experts-say-sexuality-education-should-start-from-birth>

Survey WCD

Survey - World Contraception Day

The multinational survey entitled 'Contraception: Whose responsibility is it anyway?' was supported by a coalition of ten international organisations with an interest in sexual health and the Youth Task Force and was financed by Bayer Health Care.

The NGOs and societies involved in WCD are:

- Asian Pacific Council on Contraception (APCOC)
- Centro Latinoamericano Salud y Mujer (CELSAM)
- European Society of Contraception and Reproductive Health (ESC)
- German Foundation for World Population (DSW)
- International Federation of Pediatric and Adolescent Gynecology (FIGIJ)
- International Planned Parenthood Federation (IPPF)
- Marie Stopes International (MSI)
- Pan American Health and Education Foundation (PAHEF)
- The Population Council
- The United States Agency for International Development (USAID)



We feel that although it is an industry sponsored survey that the results are still very interesting and important for all of us. This is why we have decided to put the press release which summarizes the results on our website: www.esrh.eu

We have also had access to the raw data and to more detailed information of the study which we can provide to our members on request which can be obtained via Hanna Morris (see the press release).

The survey shows that there is still a lot of work to do worldwide in terms of providing, especially young people with information and education plus the means and methods to take responsibility for their own sexual and reproductive health. ESC will continue the efforts already undertaken to disseminate knowledge by our congresses, regional workshops and the journal. We will continue to establish and facilitate international networks that support national efforts in all member countries to empower women and men to achieve the highest possible standard of sexual and reproductive health.

Johannes Bitzer
ESC President

Call for applications

Call for applications

The ESC provides funding to support a project.

The available budget for the second application period 2010 is 25,000 euro.

Applications should meet the following minimal conditions:

- The applicant must be a current ESC member
- The grant may be used to support an individual, group, institute or organisation with a project related to the aims of the ESC.
- Examples of projects include: research, audit, review, needs assessment
- Deadline for the second 2010 applications period: **31 December 2010**

Download here the application form to submit a project:

<http://www.escrh.eu/about-esc/grants/projects>

The ESC provides funding to support the organisation of a course or meeting.

The available budget for the second application period 2010 is 5,000 euro.

Applications should meet the following minimal conditions:

- The applicant must be a current ESC member
- The grant may be used to support a regional or local course or meeting within Europe related to the aims of the ESC.
- At least one speaker must be a member of the ESC Board, with their expenses paid out of the grant.
- Deadline for the second 2010 application: **31 December 2010**

Download here the application form to submit a project:

<http://www.escrh.eu/about-esc/grants/courses>

Workshop

Report of ESC/FSRH sponsored workshop 2nd RCOG Eurovision conference – Pristina, Kosovo 2010

Thanks to ESC, two UK members of the ESC and the UK Faculty of Sexual and Reproductive Healthcare (FSRH), Drs Kubba & Searle joined the conference which was jointly hosted by the Kosovan O&G Association and RCOG Eurovision.

The 200 delegates, including gynaecologists, family doctors, academics, midwives & nurses took part in workshops delivered/supported by the European Federation of Colposcopy, USAID as well as the RCOG and ESC/FSRH.

The ESC workshop was a day long event attracting 60 delegates, who learned about the ESC and UK Faculty as well as the advantages of membership. The ESC newsletter was circulated and the advantages of establishing a Kosovan association of SRH and joining the ESC was highlighted along with the ESC grants available. The workshop focused on contraceptive choices, medical eligibility and sexual health with sexually transmitted infection prevention, sex education and male involvement being subthemes. The feedback from attendees to the ESC session was very positive.

Ali Kubba & Stephen Searle

All materials to be included in the ESC Newsletter should be submitted (electronically) to the:

ESC Central Office, Nancy Habils, esccentraloffice@contraception-esc.com, Opalfeneweg 3, 1740 Ternat, Belgium, T. +32 2 582 08 52 - F. +32 2 582 55 15.

All Newsletters are also to be found on the website of the Society: <http://www.escrh.eu/publications/newsletter>

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