



## European Society of Contraception and Reproductive Health

ESC Central Office - Opalfeneweg 3 - 1740 Ternat - Belgium

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## Grant application form first half year 2015

### Seeking ESC support for a PROJECT

### Introduction

The ESC will provide funding to support an individual, group, institute or organisation with a project related to the aims of the ESC. Examples include: research, audit, review, needs assessment. The money **MUST** be used for a definite project within a definite time period.

#### Application

Please use this application form. Note sections with a maximum word count. Forms will be returned if the word count is exceeded.

If granted, the project must start within 12 months and must be completed within 3 years, with a final report sent to ESC within 6 months of completion.

A detailed budget including salary costs, overheads etc should be attached as an appendix to the application form.

#### Who can apply?

Applicants must be paid-up ESC members.

Applicants should be Europeans. However, a European applicant is allowed to submit a project that will take place outside Europe.

#### Deadline

Applications **MUST** be received at ESC Central office by **30 June 2015**.

#### Budget

35,000 euro for applications (projects and courses) received between 1 January and 30 June 2015. The ESC may not be in a position to fully fund all applications.

### Part A Name of the applicant requesting the funding

Name of applicant: Magdalena Mattebo

Job title: PhD, Senior Lecturer

Address: Centre for clinical sciences, Västmanland County Hospital Västerås, Uppsala University, 721 89 Västerås, Sweden

Tel no.: 0046 (0)73-673 13 75

Email: Magdalena.mattebo@kbh.uu.se

Date of submission of this form: 26<sup>th</sup> June, 2015

## Part B Proposed project

Name of the person responsible for the project (If different to the person named in box A):

Contact details of the person noted in this box B:  
name of person, job title, address, tel no. email

## Part C Background of the project – narrative summary

Title of the project: “Reproductive life planning (RLP) for adolescents”

Comprehensive description of the project (max 200 words):

The trend towards riskier sexual practices among Swedish youth is worrisome; the number of sexual partners has increased while condom use has decreased. The incidence of sexually transmitted infections (STI), especially Chlamydia remains high, which constitutes a potential threat to sexual and reproductive health, including future fertility. This calls for action in order to increase young people’s knowledge about sexual and reproductive health; how it can be protected, preserved and maintained.

The Reproductive Life Plan (RLP) is a USA-developed tool for promoting reproductive health by encouraging reflection on intentions and strategies for successful family planning. It was recently tested in a clinical setting in Sweden and was found to increase women’s knowledge about fertility. It is likely that this concept would be useful also among adolescents’ and could advantageously be included in contraceptive counselling, and as part of sexuality and relationship education in schools.

We will conduct focus group interviews with boys and girls in order to investigate how the RLP concept should be modified according to adolescents’ needs and requests. This study is the first part of a larger research project aiming to develop and implement RLP for adolescents in various settings.

When would it start / finish? (Max 20 words) The project starts in January 2016 and expected to finish in December 2017. Ethical approval will be written during 2015.

Where will it take place – country / town, establishment? (Max 20 words)

In mid-size cities in south and mid Sweden (i.e Örebro, Uppsala, Helsingborg), in school settings and at youth friendly clinics.

Objectives and needs identified. (Max 20 words)

To adjust the RLP concept to adolescents and thereafter evaluate the concept using focus group interviews among potential users.

**Sector in the area of contraception, sexual and reproductive health:**

Adolescent sexual and reproductive health.

Is it a 'new' project? Yes/No

If extension of an existing programme, provide information on original programme (Max 50 words)

**What outcomes will be measured? List. (Max 20 words)**

Main outcome: How design and content of an adjusted RLP concept should be modified according to adolescents' needs and requests.

**Do you foresee any reasons (political, climatic, etc) why this project may be adversely affected? (Max 20 words)**

No, on the contrary, Sweden has a long tradition of liberal and favourable perceptions toward adolescent sexuality.

## **Part D Financial related information**

Are there other partners or organisations supporting this same project? If so, list.

Have you already obtained any funding towards this project? (If yes or still awaiting a response, please give details) (Max 20 words)

No. Funding from various funders will be applied for. Related RLP-projects among adults have received considerable funding from several financiers.

How much money are you requesting (up to a maximum of 5% can be used to cover overhead costs) ? An overview of the budget must be provided here (max 50 words) and a detailed budget should be attached as an appendix to the application form.

This budget will enable us, within the given time frame, to start and complete the study. We apply for 35000 Euro based on: salary (including overhead for post doc), ethical application, technical equipment, travel expenses, information material, reimbursement to participants, transcription of interviews, proof reading and publication costs.

Will this be part of a larger fund or stand alone? (Max 20 words)

We will apply for funding at the Swedish Research Council and Swedish Research Council for health, working life and welfare.

Who will oversee the budget & keep accounts?

Principal investigator Dr Magdalena Mattebo, PhD, RNM, Centre for Clinical Science, Uppsala University.

## Part E Follow-up

I / We, as responsible agents for this project, agree to the following 6 points:

I/We agree that all monies will be spent appropriately	Yes
I/We agree to advise you at the earliest time if this project is delayed or cannot be completed	Yes
I/We agree to provide a report to the ESC within 6 months of the end of the project and yearly, if the project lasts longer than 1 year.	Yes
I/We agree to present the ESC treasurer with a detailed budget at the end of the project. <i>(if the project is longer than 1 year, the funding may be awarded in stages and be dependent on appropriate reporting)</i>	Yes
I/We agree that if you need to make any significant changes to the duration, contents or funding of the project after it has been awarded, I/we will advise the ESC Treasurer.	Yes
I/We agree to acknowledge the ESC as a donor in any publications and oral communications resulting from this project. Ideally any manuscript should be sent to the ESC journal in the first instance.	Yes

Signed  
Name

Date

Magdalena Mattobo 26<sup>th</sup> June 2015

**Please return this form (by email) to:**

ESC Central Office  
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[info@escrh.eu](mailto:info@escrh.eu)

**Budget for the project: “Reproductive life planning (RLP) for adolescents”**

Ethical application	600 Euro
Technical equipment	50 Euro
Travel expenses	300 Euro
Information material to participants	200 Euro
Reimbursements participants	700 Euro
Transcription of interviews	400 Euro
Proof reading	500 Euro
Publication costs	2000 Euro
Salary, post doc Ekstrand and Grandahl (including overhead cost)	30250 Euro
Total	35000 Euro