

Final report for granted project

Submission Date	2017-04-04 04:45:54
Date of sending out the form:	04-03-2017
Contact person/applicant:	Lyubov Erofeeva
Country	RU
E-mail	erofeeva@ranir.ru
Title of the granted project	Audit of pharmacists' information needs and skills for counseling in hormonal contraception
Amount granted by the ESC (in euro)	7500
Project number:	P-2015-B-03
Allocated mentor:	S. Randall
Date project actually started:	01-05-2016
Date of completion:	31-10-2016

Please provide a report of your findings and data.

The results of the research indicated that, the majority of respondents have sufficient competence in indications for contraceptive use and its applying. However half of respondents showed high level of misconceptions about contraindications for EC use. Most of them (50%) were convinced that doctor's consultation is needed beforehand to decide upon use of EC. (Based on previous researches it was indicated that low use of EC in Russia is also caused by the fact that women consider necessary to consult a doctor before using EC. Since access to doctors on this issues is complicated (up to 10 days of waiting), women drop this issue completely and don't rely on it).

Relatively many misconceptions 72% were indicated in concern to side effects of EC. The majority of respondents were sure that EC is not good to take often, even if it is necessary.

Almost all respondents (74%) do not consider IUD as EC, while Mifepriston is considered as abortion method (73%).

Respondents demonstrated high level of mythologizing in the field of reproductive choice and contraceptive use. Also participants confirmed that abortion leads to infertility (51%), while abortion restrictions leads to increase in birth rates (59%).

Levonorgestrel containing pills can lead to negative effect on fetus, in case of existing pregnancy (48%). Every 5th pharmacists (19%) was convinced that hormonal tests are mandatory before the beginning of EC use.

The results of the research lead to the following recommendations: 1. It is needed to increase competence among pharmacists on contraceptive issues, including EC.2.Counselling training for working with customers among pharmacists. 3. The course for pharmacists may include practical trainings and webinars.4. The course for the pharmacists should have evaluation at the beginning and at the end.5. For qualitative counselling provided by pharmacists a Standard of service provision should be elaborated and approved by regulating authorities.6. Manual for pharmacists should be developed in order to sustain and increase effectiveness of counselling provided.

The results of the research is serving as a basis for designing a training program for pharmacists on contraception, which will be conducted by RAPD. After each training RAPD will monitor the progress made, reflected in increased quality of counselling on hormonal contraception provided by pharmacists and in development of recommendations for improvement of that counselling. At the following stage the project model will expand to other regions of Russia.

The results of the research laid the foundation for the scientific article, which will be published in field journals. Hopefully ESC journal editorial team will be also interested in publication of the material.

Please provide a final detailed budget on how much you have spent. Was any money not spent? Receipts may be requested.

Final report on the project "Audit of pharmacists' information needs and skills for counseling in hormonal contraception"

1. Elaboration of the questionnaires, multiplication, dissemination among participants of the research - 2, 500 EUR
2. Collection of the data, calculations, analyze - 3,500 EUR
3. Elaboration of the final report with conclusions and recommendations- 1,500 EUR

Total amount spent: 7,500 EUR.

How will your findings be presented?

Publication in journal

Was your paper published? Indicate journal and acceptance date

It will be published when the funding is in place for the publication.

Please let us know whether having a mentor has been helpful or not

It was helpful.

Full Name

Lyubov Erofeeva

Date

04-03-2017

info@escrh.eu