Final report for granted project

Submission Date: 2017-08-20 12:30:29

Date of sending out the form: 17-08-2017

Contact person/applicant: Angel M. Foster

Country: Canada

E-mail: angel.foster@uottawa.ca

Title of the granted project: Exploring Polish women's experiences obtaining medication abortion through an online provider

Amount granted by the ESC (in euro): 9000

Project number: P-2016-A-01

Allocated mentor: D. Archer

Date project actually started: 16-08-2016

Date of completion: 15-08-2017

Please provide a report of your findings and data. Our project comprised two components: an analysis of the outcomes of a telemedicine service in Poland and in-depth interviews with women who used the service. The first project component indicated that nearly 1,000 women had used the telemedicine service to obtain medication abortion over an 18 month period; this represents more abortions than were officially recorded by the Polish government during the same period. The outcomes show that this form of service delivery is effective and outcomes are comparable to those in a clinic setting. We have drafted a manuscript which we will soon submit to the European Journal of Contraception and Reproductive Health Care.

The second project component included in-depth interviews with Polish women who had obtained medication abortion care through the telemedicine service in 2016-2017. These interviews reveal that women are overwhelmingly satisfied with the service and would recommend this service to other women in their communities. We have finished data analysis and will soon submit a manuscript on the findings to Contraception.

Finally, we have also drafted a book chapter related to medication abortion in Poland for a forthcoming book entitled, Abortion, politics, and the pill that promised to change everything: The global journey of mifepristone. The book will be published by Palgrave Macmillan in 2018 to coincide with the 30th anniversary of mifepristone's introduction.

Please provide a final detailed budget on how much you have spent. Was any money not spent? Receipts may be requested.

Personnel costs: EUR5,000
Participant incentives: EUR600
Other study costs: EUR1,000
Community engagement & dissemination meetings: EUR2,400

All of our expenditures align with our original budget.

How will your findings be presented?

Publication in journal
Presentation

Was your paper published? Indicate journal and acceptance date.

One article was accepted in February 2017 (Abortion, politics, and the pill that promised to change everything). The other two articles have not yet been accepted.
We will be submitting abstracts to present our findings at the 2018 ESC meeting, the 2018 National Abortion Federation meeting, and the 2018 American Public Health Association annual meeting.

Thank you so much for your support! We would not have been able to undertake this project without this grant.

We didn't have contact with our mentor during the project.

<table>
<thead>
<tr>
<th>Full Name</th>
<th>Angel Foster</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>20-08-2017</td>
</tr>
<tr>
<td><a href="mailto:info@escrh.eu">info@escrh.eu</a></td>
<td></td>
</tr>
</tbody>
</table>