



European Society of Contraception and Reproductive Health

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Interim report form for a granted project

ESC Central Office only

Date of sending out the form: 20.02.2017

Contact person/applicant: PhD DIACONESCU SMARANDA

Country: ROMANIA

Email: turti23@yahoo.com

Title of the granted project: **Identifying and tackling economic, cultural and social factors that lead to inappropriate sexual education in Romanian teens**

Amount granted by the ESC (in euro): 3000 Euros

Initial funding (part of the grant received already) in euro: 2250 Euros

Final amount to be paid by ESC (in euro): 750 Euros

Project number: P-2015-A-05

Allocated mentor:

Your interim report

Date project actually started: 30 Nov 2016

Planned date of completion: 30 April 2017

Have there been any problems or issues with starting or continuing this project? If so, what impact will that have on your planned completion date?

1. The ethical committee approval was delayed with 2 months comparing to the proposed starting date.
2. Due to the fact that evaluation is targeting both mother and teenager (and mother is not always necessary to be hospitalized) it was difficult to find couples (mother and teenage girls) in order to have both
3. Patients coming from rural areas were difficult to be investigated due to the fact of their parents' absence
4. It was difficult to contact the parents of teenagers admitted into the hospital during weekends
5. Some restrains due to the fact that the questionnaires are not fully filled in some cases and statistical analysis will not take into consideration this kind of papers,
6. Obtaining the inform consent from parents regarding the filling in of questionnaires,
7. Obtaining information from Roma community members – teenage hospitalized, due to the fact that the majority are illiterate

Due to all these difficulties the project, initially estimated to run between October 2015-October 2016 will be delayed (November 2016-April 2017)

Have you discussed the project status and any problems with your Mentor?

We informed the ESC Central Office about the delay in the ethical committee approval

Please provide:

- A synopsis of your findings and data so far (max 500 words)

During this project, the team was aware about the national statistics about teenage pregnancy in the country and the rates proved that there is no evident diminishing number of pregnancies among teenagers. Because the Romanian curricula is not providing sexual education, this project developed in the hospital is really needed. One of the limitations is due to the fact that the information is spread only among teenage girls hospitalized for different reasons.

The questionnaires were delivered to both parents (usually mothers) and teenage girl, but also to mothers who are hospitalized with their younger children but have also daughters at the targeted age. Until now we enrolled 380 couples (parent-daughter).

During the distribution of the questionnaires and the realization of databases, we identified several aspects:

- Mothers and teenagers decided to fill in the papers and deliver the questionnaires separately,
- Many mothers who declared themselves being involved in sexual relationship before marriage sustained that they would like for their daughters to postpone the first sexual act,
- The majority of mothers agreed to the sexual relationship before marriage for their daughters,
- Most of the mothers sustained that the information about sexuality should be provided by teachers and family members and a small part of the subjects sustained the information provided by doctors,
- Most of the mothers are counselling their daughters regarding sexuality,
- Regarding mothers, the preliminary data proved that contraception is not very well used so the team-members of the project are concerned about the transfer of information from mother to teenage girls about this aspects and further goal is to point and guide about this problem,
- Counselling is provided to both mother and teenage girl to develop communication skills and to point the efficiency of contraception, not only to make both aware about the risk of pregnancy but also to inform about sexual disease and the risk to contact them. The counselling by printed brochures will end April, 15. (The counselling is provided at the time the teenagers come back to the hospital for a scheduled control of their disease).

- A current budget on how much you have spent to date. Receipts may be requested.
 - 100 euros - printed papers, questionnaires
 - 200 euros – brochures
- Add any other information you feel we should have at this stage.

The “Teen Contraception Day” will take place at the end of April/mid-May 2017

- Sign and date the form and return to the ESC Office.

Once received and assessed, you will be contacted regarding the final payment.

Signed – Name: DIACONESCU SMARANDA

Date: 20.02.2017

Please return this form (by email) to: ESC Central Office at info@escrh.eu.