



European Society of Contraception and Reproductive Health

ESC Central Office - Opalfeneweg 3 - 1740 Ternat - Belgium

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Grant application form Second half year 2015 Seeking ESC support for a PROJECT

Introduction

The ESC will provide funding to support an individual, group, institute or organisation with a project related to the aims of the ESC. Examples include: research, audit, review, needs assessment. The money **MUST** be used for a definite project within a definite time period.

Application

Please use this application form. Note sections with a maximum word count. Forms will be returned if the word count is exceeded.

If granted, the project must start within 12 months and must be completed within 3 years, with a final report sent to ESC within 6 months of completion.

A detailed budget including salary costs, overheads etc should be attached as an appendix to the application form.

Who can apply?

Applicants must be paid-up ESC members.

Applicants should be Europeans. However, a European applicant is allowed to submit a project that will take place outside Europe.

Deadline

Applications **MUST** be received at ESC Central office by **31 Dec 2015**.

Budget

A maximum of 10,000 euro per project application can be requested for projects received between 1 July and 31 December 2015. The ESC may not be in a position to fully fund all applications.

Part A Name of the applicant requesting the funding

Name of applicant	Helena Kopp Kallner
Job title	Senior Consultant Ob/Gyn, PhD
Address	Dept of Ob/Gyn, Danderyd Hospital, 182 88 Stockholm, Sweden
Tel no.	+46-704402070
E-mail	Helena.kopp-kallner@ki.se

Date of submission of this form	29 Dec 2015

Part B Proposed project

Name of the person responsible for the project (If different to the person named in box A):

Contact details of the person noted in this box B:
name of person, job title, address, tel no. email

Part C Background of the project – narrative summary

Title of the project	Randomized double blind study of mepivacaine or placebo for pain relief at insertion of intrauterine contraception.
Comprehensive description of the project. (Max 200 words)	
<p>Aim: finding a new non-invasive method for pain relief at insertion of intrauterine contraception.</p> <p>Background: Use of long acting reversible contraception (implants and intrauterine contraception, IUC)- has been shown to reduce unwanted pregnancy- especially in young women. IUC is underused in nulliparous women- often due to fear of pain at insertion from both providers and women. Thus, finding new non-invasive methods for pain relief at IUC insertion is important and has the potential of increasing use of IUC in all women.</p> <p>Method: Nulliparous women over 18 years requesting insertion of IUC for contraception will be recruited for a double blind randomized controlled trial of 10ml of mepivacaine or placebo (NaCl) given through a hydrosography catheter (a thin and bendable plastic tube) into the cervix and uterus before insertion of IUC. Pain will be measured during instillation, at tenaculum placement, sounding and before, during and after IUC insertion.</p> <p>38 patients in each group will be included to be able to show 20% pain score reduction on the VAS scale. Women will have telephone follow up at 10 days, 3 months and 6 months for analysis of continuation rates and acceptability.</p> <p>The study has Ethical Review Board and European Medical Agency approval.</p>	
When would it start / finish? (Max 20 words)	

The study is recruiting slowly. 1/2 of patients have been recruited. Last patient is expected to be recruited Aug 2016.

Where will it take place – country / town, establishment? (Max 20 words)

Nulliparous women seeking IUC at a youth clinic in Stockholm and at Danderyd Hospital, Stockholm, Sweden

Objectives and needs identified. (Max 20 words)

Objectives: finding a new non-invasive method for pain relief at insertion of IUC.
Needs: Increasing use of IUC especially in nulliparous women

Sector in the area of contraception, sexual and reproductive health.

Contraception, LARC, copper IUD, LNG-IUS

Is it a 'new' project? Yes/No

YES

If extension of an existing programme, provide information on original programme (Max 50 words)

What outcomes will be measured? List. (Max 20 words)

Primary: pain at insertion of IUD, measured as VAS score from 0-100 mm on a 10cm long blank line.

Secondary outcome: Proportion of women using IUC 3 months and 6 months, Rates of expulsion, acceptability

Do you foresee any reasons (political, climatic, etc) why this project may be adversely affected? (Max 20 words)

No

Part D Financial related information

Are there other partners or organisations supporting this same project? If so, list.

No

Have you already obtained any funding towards this project? (If yes or still awaiting a response, please give details) (Max 20 words)
No
How much money are you requesting? A detailed budget must be provided. (Max 50 words)
<p>2 study Nurse midwives</p> <ol style="list-style-type: none"> 1. calling patients 20 min/patient 3 times CRF into Excel 30 min/patient 2. Recruiting patients <p>1683 EUR each total 3366 EUR incl SS, OH</p> <p>PI participation/Write up totals 1592 EUR incl SS, OH</p> <p>publication cost 1210 Euros including SS, OH</p> <p>Total: 6168 Euro</p> <p>SS=social security, OH=overhead</p>
Will this be part of a larger fund or stand alone? (Max 20 words)
Stand alone
Who will oversee the budget & keep accounts?
The controller of Department of Clinical Sciences (Åsa Mistic) at Danderyd Hospital will oversee the budget. The study coordinator of the Dept of Ob/gyn at Danderyd Hospital (Helen Fagraeus Andersson) will keep accounts.

Part E Follow-up

I / We, as responsible agents for this project, agree to the following 6 points:

I/We agree that all monies will be spent appropriately	X
I/We agree to advise you at the earliest time if this project is delayed or cannot be completed	X
I/We agree to provide a report to the ESC within 6 months of the end of the project and yearly, if the project lasts longer than 1 year.	X
I/We agree to present the ESC treasurer with a detailed budget at the end of the project. (if the project is longer than 1 year, the funding may be awarded in stages and be dependent on appropriate reporting)	x

I/We agree that if you need to make any significant changes to the duration, contents or funding of the project after it has been awarded, I/we will advise the ESC Treasurer.	X
I/We agree to acknowledge the ESC as a donor in any publications and oral communications resulting from this project. Ideally any manuscript should be sent to the ESC journal in the first instance.	x

Signed 

Date 2015 Dec 29

Name Helena Kopp Kallner

Please return this form (by email) to:

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