

Grant application form - Project v2016

Submission Date	2016-12-31 00:16:04
Name of applicant	Trandafir, Laura Mihaela
Job title	Senior consultant Paediatrics, MD, PhD, Lecturer, Coordinator of Regional Centre of Diagnosis, Counselling and Monitoring for Obese and Overweight Children of the "Grigore T. Popa" University of Medicine and Pharmacy Iasi, Faculty of Medicine, "Grigore T. Popa" Foundation
Address	10 Stefan cel Mare Blvd, Iasi, Romania bl. A1-1 sc. A et. 3 Iasi Iasi 700064 Romania
Phone Number	(0040) 721471041
E-mail	trandafirlaura@yahoo.com

A short CV of the applicant (or the principal investigator) should be provided here.

Project manager / Principal investigator

TRANDAFIR LAURA MIHAELA

Nationality: Romanian

Date of birth: 20 March 1974

Professional experience

Senior consultant Paediatrics, Consultant gastroenterologist, MD, PhD - "St Mary" Children's Emergency Hospital Iași

Lecturer - "Grigore T. Popa" University of Medicine and Pharmacy Iasi, Faculty of Medicine

Coordinator of Regional Centre of Diagnosis, Counselling and Monitoring for Obese and Overweight Children of the "Grigore T. Popa" University of Medicine and Pharmacy Iasi, Faculty of Medicine, "Grigore T. Popa" Foundation

<http://www.umfiasi.ro/Pages/Default.aspx>

Education and training (selective)

Allied Health Professional Course during the ESPGHAN 49th ANNUAL MEETING of the European Society for Paediatric Gastroenterology, Hepatology and Nutrition, Athens, Greece, 25 – 28 May 2016.

Master's degree in "Nutrition and curative and prophylactic dietetics" (2015)

ESPGHAN Nutrition Summer School, Prague (2013)

Academic affiliation:

- Romanian Society of Pediatrics
- Society of Doctors and Naturalists in Iasi
- Romanian Society of Gastroenterology, Hepatology and Pediatric Nutrition
- European Society of Nutrition
- European Society of Medical Genetics

Published articles (selective)

1. Laura-Mihaela Trandafir, Madalina Ionela Chiriac, Oana Teslaru, Ingrith Miron, Oana Chirila, Smaranda Diaconescu - Aspects of contraception and reproductive health in obese adolescent girls, Romanian Journal of Pediatrics, Vol. LXV, Nr. 3, 2016, pp. 258-263.

2. Laura Mihaela Trandafir, Dana Teodora Anton-Păduraru, Ingrith Miron, Lucian Laurențiu Indrei – Psychosocial implication of Childhood Obesity, Review of Research and Social Intervention. Vol 49, June 2015, pp. 205-215. ISSN 1583- 3410.

3. Laura Mihaela Trandafir, Mihaela Moscalu, Vasilica Toma, Otilia Elena Frăsinariu - Health policies in preventing obesity in children. Oral Health Policy. In Georgeta Zegan, Lucia Bârlean, "Gr.T.Popa" Publishing, 2015 (ISBN 978-606-544-329-7)

4. Laura Mihaela Trandafir – Obesity and early puberty in children, Acta Endocrinologica, vol XI, suppl nr1, June 2015.

5. Laura Mihaela Trandafir – The identification of the Obesity Risk Factors at Young Children. Proceeding of the 7th Edition of Euroinvent European Exhibition of Creativity and Innovation. Iași, 2015, pp. 259-60 (ISBN 978-606-13-2474-3).

Submission date of this form

31-12-2016

Is the person responsible for the project different to the person named in box A

No

Title of the project

Perceptions and attitudes on reproductive health and contraception in obese teenagers

Comprehensive description of the project (max 200 words)

Obese adolescents tend to use contraception methods less than girls with normal weight, and excess weight is often used as a reason for poor compliance of contraceptive use. Obesity may add additional complications to the unwanted teen pregnancies such as gestational diabetes, preeclampsia, hypercoagulability, intrauterine death. In the same time, lower self-esteem and reduced sexual quality of life is reported as consequences of obesity. The aim of this project is to identify the influence of obesity on sexual behaviour and contraception usage in obese female teenagers and to achieve a focused educational intervention programme on reproductive health. After signing an informed consent we will address questionnaires to obese female teenagers aged 15-18 in order to identify the level, duration and type of contraceptive usage, level of self-esteem, aspects of sexual behaviour, variations in body weight during contraception. Each participant will be rendered printed brochures with full range of contraceptive options, including the risks and benefits of each method. We will organise two workshops in the Regional Center for Diagnosis and Monitoring of Obese Children for health professionals working with obese teenagers. We will offer informations on reproductive health and contraceptive methods through a social media page dedicated to obese teenagers.

When would it start / finish? (Max 20 words)

May 2017 - May 2019

Where will it take place – country / town, establishment? (Max 20 words)

Iasi, Romania, Regional Center for Diagnostic, Counseling and Monitoring of Obese Children of University of Medicine and Pharmacy “Grigore T.Popa”

Objectives and needs identified. (Max 20 words)

- identify perceptions on reproductive health
- improve contraceptive compliance
- empower health professionals to provide optimal contraception

Sector in the area of contraception, sexual and reproductive health:

adolescence contraception

Is it a 'new' project?

Yes

What outcomes will be measured? List. (Max 20 words)

- obesity influence on sexual behaviour and contraceptive usage
- contraception level and contraception improvement usage among obese teens

Do you foresee any reasons (political, climatic, etc) why this project may be adversely affected? (Max 20 words)

no

The ESC may not be in a position to fully fund all applications; you must indicate whether / how part funding may impact your project. (Max 100 words)

We need 100% funding.

Are there other partners or organisations supporting this same project?

No

Have you already obtained any funding or still awaiting a response towards this project?

No

How much money are you requesting? Up to 10,000 euro per project application can be requested. Provide an overview of the budget here (max 50 words)

The requested amount is 5775 EUR. This will cover : the Conceiving and printing questionnaires and brochures, data analysis, staff cost, workshop cost, ESC Congress participation fees and overheads (5%).

Please provide a detailed budget here.

1. Conceiving and printing questionnaires, brochures: 600 EUR
2. Data analysis: 600 EUR
3. Staff costs: 2000 EUR
4. Workshop costs (disemination of results): 800 EUR
5. 15th ESC Congress participation (2 fees): 1500 EUR
6. Overhead (5%): 275 EUR

TOTAL: 5775 EUR

Will this be part of a larger fund or stand alone? (Max 20 words)

stand alone

Who will oversee the budget & keep accounts?

accounting personnel of Regional Centre of Diagnosis, Counselling and Monitoring for Obese and Overweight Children

If you or your department has received funding from ESC for a project or course before, please give details of the date of funding, contact person and title of project or course.

no

We, as responsible agents for this project, agree to the following 8 points:

	yes
We agree that all monies will be spent appropriately	✓
We agree to work with the nominated Mentor	✓
We agree to advise you at the earliest time if this project is delayed or cannot be completed	✓
We agree to provide an interim report(s) part way through the project and a final report to the ESC within 6 months of the end of the project.	✓
We agree to provide the ESC with an interim budget(s) and a detailed budget at the end of the project. NOTE funding will be awarded in stages and will be dependent on appropriate reporting.	✓
We agree to provide receipts for monies spent if requested.	✓
We agree that if we need to make any significant changes to the duration, contents or funding of the project after it has been awarded, I/we will advise the nominated mentor.	✓
We agree to acknowledge the ESC as a donor in any publications and oral communications resulting from this project. Ideally any manuscript should be sent to the ESC journal in the first instance.	✓

Full Name

Laura Mihaela Trandafir

Date

31-12-2016