

IPPF International Planned Parenthood Federation
European Network

Reproductive Health Alliance Kyrgyzstan

ap3

Urgent need for sexuality education

The case from Kyrgyzstan

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Kyrgyzstan general overview

- Population: 5, 51 million people
- Rural population: 66, 1 %
- Women – 50, 6 %
- Young people (from 14 to 28) -31%
- 2/3 of young people live in rural area
- High level of unemployment, labor migration
- Low level economic indicators – 36, 8 of population are poor, 4, 5 – live in extreme poverty
- Political instability

Kyrgyzstan RH current situation

- MMR (MoH KR) - 50, 7 for 100000 live birth
- MMR (UNFPA) – 70,1 for 100000 live birth
- Fertility rate – 2, 73
- Contraception use – decreasing from 39, 9 in 2000 to 30, 3 in 2012
- Adolescent birth rate – 31 for 1000 women aged 15-19

Kyrgyzstan RH current situation

- 7 out of 10 pregnancies end in an abortion
- One in 10 abortion clients is a young person (up to 19 years)
- More than 200 abortion clients were younger than or 14 years of age

**Kyrgyzstan
RH current situation**

During the last 5 years the use of contraceptives by adolescents decreased by 1.8 times

The number of abortions is increasing especially in the age groups 15 -17 and 18-19 years of age.
The age group from 12 to 24 takes 36% of all abortion done in all age groups

**Kyrgyzstan
RH current situation**

Risky behavior – alcohol and tobacco are widely used among adolescents

HIV infection is increasing from 134 in 2001 to 4541 in 2013

Most PLWHIV aged 20 – 39

At the same time only 35% of young girls and boys in age group 15 -29 can name the HIV transmission ways, including sex

**Main challenges for YP in accessing
SRHR info & services**

- Legal and traditional barriers for adolescents to access SRHR services
- Limited access to information about SRHR for adolescents
- Limited access to resources on contraception
- Sexual violence in families and communities
- Violence based on traditions - bride kidnapping
- **ABSENCE OF SEXUAL EDUCATION**

**Kyrgyzstan efforts –
current activities**

- Peer education on SRHR: Reproductive Health Alliance, have a network of young trained people who provide SRHR knowledge to their peers on constant basis all over the country
- Youth Friendly Services: 12 YFC are opened with the support of RHAK (2 RHAK clinics +8 new in 2012) and UNFPA (2 clinics in 2010)
- Training and educational sessions at schools, informational campaigns, IEC materials

**Kyrgyzstan efforts – researches,
assessments**

- RHAK and UNFPA surveys on YFS
- UNICEF study on healthy life style (2009)
- WHO strategic assessment (2011)
- Soros study on youth in Kyrgyzstan (2012)
- ...

**Introduction of SE –
challenges**

- Negative experience in introduction of HIV prevention education
- Misconception of sexuality education – SE promotes and push to sexual activity
- Growing religious opposition on all levels
- Political resistance including high level officials and PM (promotion of abstinence as a main way of prevention, pro- natal, limiting initiatives)
- Educational reform that limited the space for SE education significantly

Introduction of SE – opportunities
<ul style="list-style-type: none"> • Inter agency working group on sexuality education with involvement of main stakeholders is created • Implementation Plan for National Reproductive Health Strategy include the introduction of sexuality education • State Program on HIV prevention • Plan on MDG Acceleration Framework

Introduction of SE – opportunities
<ul style="list-style-type: none"> • Using existing experience and resources in peer education and HIV prevention education – methodologies, programs, modules, materials • Integration of sexuality education into different school subjects • Government commitment to international development framework • International experience and technical support