

European Board & College of Obstetrics and Gynaecology  
EBCOG



Rolf Kirschner  
Dept of Gynaecology,  
Women and Children's Division  
Oslo University Hospital

**Secretary General, EBCOG**

## How to become a sexologist- the creation of a certified european specialist

European Board & College of Obstetrics and Gynaecology  
EBCOG



EBCOG is the Board of the Section of Gynaecology and Obstetrics of the Union Européenne des Médecins Spécialistes (UEMS). As such, the functions of EBCOG are bound by the statutes of UEMS, by national regulations, and by the relevant European Economic Area directives

**The aims and objectives of EBCOG are to improve the health of women and their babies by seeking to achieve the highest possible standards of training and care in the field of obstetrics and gynaecology in all European countries.**

European Board & College of Obstetrics and Gynaecology  
EBCOG



**SCTA: Standing Committee on Training and Assessment (SCTA)**  
Log book/ curriculum

**SCTR: Standing Committee on Training Recognition (SCTR)**  
Hospital visitation/ dept accreditation

**SCITT: Committee on Training the Trainers**  
Training educational trainers/supervisors

**Se-L: Standing Committee on e-learning**  
Registration and structuring e-learning methods

**SCMS: Subcommittee on Medical Standards**  
Elaborating European treatment standards

**Collaboration with European Network of Trainees in Obstetrics and Gynaecology (ENTOG)**  
Visitation and exchange

**FIGO**  
Observer status/ official representative of European ObGyn

**European Congress of Obstetrics and Gynaecology**  
Management-scientific- and local committees.

**The Subspecialties**  
ESHRE, EAPM, EUGA, EAGO

European Board & College of Obstetrics and Gynaecology  
EBCOG



**CHARTER on TRAINING of MEDICAL SPECIALISTS in the EUROPEAN COMMUNITY**  
Charter adopted by the Management Council of the UEMS, October 1993

**UEMS 2003 / 49 FINAL**  
PROMOTING GOOD MEDICAL CARE

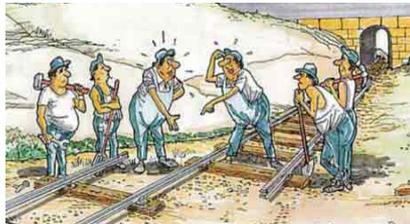
**UEMS 2011 / 20**  
The Accreditation of e-Learning Materials by the EACCME

**UEMS 2011 / 30**  
The Accreditation of Live Educational Events by the EACCME®

**BASEL DECLARATION**  
**UEMS POLICY ON CONTINUING PROFESSIONAL DEVELOPMENT**  
INTRODUCTION, 20 October 2001

**UEMS 2006 / 18 FINAL**  
**BUDAPEST DECLARATION on ENSURING THE QUALITY OF MEDICAL CARE**

## Harmonisation needed- competence sharing



## CME & CPD

**Continuing Medical Education**

- Expansion of academic medical knowledge and skills

**Continuing Professional Development**

- Updating, developing and enhancing how doctors apply the knowledge, skills and attitudes required in their working lives
- Focus on practice improvement



European Board & College of Obstetrics and Gynaecology  
EBCOG



**ON THE INVITATION AND INITIATIVE FROM ESSM  
The European Society of Sexual Medicine**

**Multidisciplinary Joint Committee  
on Sexual Medicine**

European Board & College of Obstetrics and Gynaecology  
EBCOG



**BYLAWS ; OCTOBER 2011  
Multidisciplinary Joint Committee on Sexual Medicine  
UEMS**

**1. Definition**

1.1 The Multidisciplinary Joint Committee on Sexual Medicine, herein after called MJCSM is a Committee set up by the UEMS specialist sections of Urology, Obstetrics and Gynaecology and Psychiatry and functions within the framework of their respective states and bylaws. (Additional sections may join in the future if they wish, if they are relevant to the field of sexual medicine).

European Board & College of Obstetrics and Gynaecology  
EBCOG



**1. IDENTIFICATION OF BOARD MEMBERS AND STRUCTURE**

a. Membership of the Joint Committee/ Board.

- i. All relevant and interested boards should be represented in the MJCSM.
- ii. Each Board should nominate 2 members to support the MJCSM, of which one member would normally attend the meetings.
- iii. The MJCSM Committee meetings would be attended by of one of the members from each Board together with a matching member from the ESSM.
- iv. Currently 3 Boards are represented (EBU, EBPsych, EBCOG) but it is expected that this might increase.
- v. **One of the ESSM members will be a trainee**
- vi. The size of the board will normally be 10 members, with a quorum of 5 members

European Board & College of Obstetrics and Gynaecology  
EBCOG



**ESSM:**

ACADEMY OF SEXUAL MEDICINE  
Short curriculum for sexual medicine

SUMMER SCHOOL-OXFORD  
Relevant components of the curriculum

European Board & College of Obstetrics and Gynaecology  
EBCOG



**European School of Sexual Medicine  
Draft Curriculum**

**Introduction**

Sexual Medicine is a discipline concerned with the impact of psychophysiology, relationships, socio-cultural influences, developmental effects, sexual preference and variations, gender identity and inter-gender differences on the sexual function and experience of men and women of all ages, both as individuals and within the context of their relationships. Its aim is the restoration or improvement of function, and the optimisation of sexual experience and well-being, and of personal and interpersonal satisfaction with sexuality.

European Board & College of Obstetrics and Gynaecology  
EBCOG



**European Board of Sexual Medicine (EBSM)  
Certification of Training Program in Sexual Medicine (TPSM)  
(Version October 2011)**

**PREREQUISITES**

1. The Training Program in Sexual Medicine (TPSM), in case available fulfills national standards as defined by the official national organizations. Training institutes and Trainers that are not nationally accredited by the national Review Committee or an equivalent body should be accredited or granted certification by the EBSM).
2. The TPSM provides a balanced education in the cognition, attitudes and skills required for current Sexual Medicine practice. At the end of the training period and the assessment, trainees are qualified to provide high quality care to sexual medicine patients.
3. The duration of the urological training is a minimum of 18 months.
4. Trainee should complete the full length of training and assessment to become a graduate of the EBSM.

European Board & College of Obstetrics and Gynaecology  
EBCOG

**Multidisciplinary Joint Committee on Sexual Medicine (MJCSM)  
Certification of Training Program in Sexual Medicine (TPSM)  
(Version April 2012)**

**PREREQUISITES**  
A Training Program in Sexual Medicine must provide a balanced education in the knowledge, skill, attitudes and behaviors required for the practice of modern Sexual Medicine. At the end of the training period and the assessment, trainees will be qualified to provide high quality care to sexual medicine patients. The training program should provide exposure to the whole breadth of sexual medicine. The minimum duration of Sexual Medicine training is 18 months.

European Board & College of Obstetrics and Gynaecology  
EBCOG

**Certification requirements for training center/person in sexual medicine**

A prerequisite for training physicians as sexual medicine physician is the existence of recognised sexual medicine Centres and persons with an appropriate training programme.

No person may provide training that is represented as qualifying an individual for certification licensure or renewal unless the person is certified by the MJCSM as a training centre.

MJCSM certified sexual medicine Centres/Person may consist of a **single department or of several cooperating research/clinical Institutions**. In addition to the director, other persons certified by the MJCSM may be responsible for the training programme. Upon application and examination, the MJCSM will certify the Centre/Person if the following criteria are met

European Board & College of Obstetrics and Gynaecology  
EBCOG

**Sexual Medicine Training Portfolio and Log Book**

Trainees in Sexual Medicine should maintain a portfolio of evidence, which should be divided into the following sections:

- CV: please keep an up-to-date copy of your CV
- Work-place-based Assessment (WPBA) Forms
- Notes from Meetings with Educational Supervisors
- Personal development plan (PDP)
- Audit and Clinical Governance
- Educational Achievements
- Management activity
- Clinical caseload form and case log book: ...at least 20 cases should be recorded. Try to demonstrate that a wide breadth of clinical case mix has been seen together with reflective learning points.
- Absence from training programme. It is essential that you record your annual and study leave, sick leave and other absences in the table provided.

European Board & College of Obstetrics and Gynaecology  
EBCOG

**The European Multidisciplinary Joint Committee of Sexual Medicine : A Guide to the First Qualification Examination in Sexual Medicine under auspices of the UEMS and Preparation Courses 2012**

**The first qualification examination of the Multidisciplinary Joint Committee on Sexual Medicine (MJCSM) will take place on 5<sup>th</sup> December 2012.**

Sexual Medicine is a discipline concerned with the impact of physiology and pathophysiology, psychology and psycho-pathology, relationships, socio-cultural influences, developmental effects, sexual identity, sexual behaviours, gender identity and inter-gender differences on the sexuality of men and women of all ages, both as individuals and within the context of their relationships. Its aim is the restoration of sexual health, a state of complete physical, mental, and social well-being with respect to sexuality, as well as the management of sexual problems.

**Exam process**

Announcement  
↓  
Registration  
↓  
Eligibility  
↓  
Confirmation  
↓  
**Examination**  
↓  
Results  
↓  
Registration  
↓  
Evaluation

Information / Website / Mailing - all Boards/ faculties and hospitals

Forms / return (CPO)

Evaluation of form - **exel file with criteria/ number per candidate**

Reply and payment

Location / time / date  
100 mcq in 3 hours  
Filing forms (scan) preliminary results  
Supervision, dictionary

Evaluation and cut-off  
**Certification - results per mail as well**

How and by whom - any regulation by UEMS? published on the website  
**MJCSM RESPONSIBILITY**

Form and lesson learned - form will designed

- Exam bureau: advice discrimination and cut-off
- MJCSM: Review of MCQ
- Key questions (40)
- List of subjects
- Cut-off

Website: info, Forms, Registration data, Link UEMS on ESSM

European Board & College of Obstetrics and Gynaecology  
EBCOG

**MULTIPLE CHOICE QUESTIONS**

SEXUAL DYSFUNCTION IS ONE CATEGORY OF DISORDERS OF SEXUALITY AND SEXUAL FUNCTIONING. THE TERM SEXUAL DYSFUNCTION REFERS TO:

A) PROBLEMS WITH THE NORMAL SEXUAL RESPONSE CYCLE  
B) SEXUAL URGES OR FANTASIES INVOLVING UNUSUAL SOURCES OF GRATIFICATION PROBLEMS  
C) AN INDIVIDUAL IS DISSATISFIED WITH THEIR OWN BIOLOGICAL SEX AND HAVE A STRONG DESIRE TO BE A MEMBER OF THE OPPOSITE SEX.  
D) PROBLEMS WITH SEXUAL FANTASIES

**CORRECT! SEXUAL DYSFUNCTION : A DISTURBANCE IN THE PROCESSES THAT CHARACTERIZE THE SEXUAL RESPONSE CYCLE OR BY PAIN ASSOCIATED WITH INTERCOURSE INCORRECT.**



UNION EUROPÉENNE DES MÉDECINS  
SPÉCIALISTES  
EUROPEAN UNION OF MEDICAL SPECIALISTS  
Multidisciplinary Joint Committee of Sexual Medicine

This is to certify that

\_\_\_\_\_

Is Fellow of the European Joint Committee of Sexual  
Medicine

Amsterdam, 2012

\_\_\_\_\_

Chair Multidisciplinary Joint  
Committee Sexual Medicine

Chair Exam Committee MJCSM



European Board & College of Obstetrics and Gynaecology  
EBCOG

**ESSM EDUCATION COMMITTEE:**

- ABC Master-Course**  
beginners and up-daters
- SYLLABUS FOR SEXUAL MEDICINE**  
general considerations in sexual medicine  
male sexual disorders and considerations  
female sexual disorders and considerations  
Mixed topics. Identity disorders, addiction, cancer, STD, paraphilia
- ESSM REVISION COURSE**



European Board & College of Obstetrics and Gynaecology  
EBCOG

**SO- A HAPPY ENDING:  
THE CREATION OF AN EUROPEAN SEXOLOGIST-  
CERTIFIED!**

With thanks to

- Ian Eardley
- Cobi Reisman
- John Dean
- Johannes Bitzer
- Daniela Pajola/ESSM Secretariat
- UEMS Secretariat



European Board & College of Obstetrics and Gynaecology  
EBCOG