


WHO Kollaborationszentrum
 für sexuelle und reproduktive Gesundheit


 Bundeszentrale für gesundheitliche Aufklärung

WHO Regional Office for Europe / BZgA Standards for Sexuality Education:

Guidance for Implementation

Dr. Christine Winkelmann on behalf of the expert group

24.5.2013 ESC – first global conference on Contraception


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Background

- 2010 Standards were published
- Besides several other publications relating to sexuality education (e. G. UNESCO Guidance, UNESCO Cost-effectiveness study, IPPF / Population Council et al. It's all one curriculum)
- Specific guidance on how to implement sexuality education was missing.


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Process

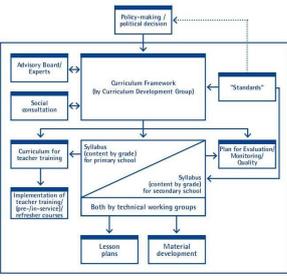
- Draft version by Dr. Evert Ketting and Dr. Christine Winkelmann
- Discussion and feedback by expert group (two workshops)
- Clarification of terms / concepts and taking into account huge differences in our region
- Launch here in Copenhagen




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Sexuality Education Programme




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Organizing Sexuality Education

Step 1: Create a curriculum development group
 Step 2: Preparation (status, stakeholders, needs etc.)
 Step 3: Mapping of challenges and opportunities
 Step 4: Plan for monitoring and evaluation


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Agreeing on the curriculum framework

Step 1: Define general learning objectives
 Step 2: Choose age groups
 Step 3: Choose subject and teacher
 Step 4: Assess required curriculum space


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Building the syllabus

Step 1: Create syllabus development groups
 Step 2: Develop the syllabus: Content by grade
 Step 3: Develop lesson plans
 Step 4: Develop materials


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Development and implementation of teacher training

Step 1: Create a technical working group to develop teacher training and plan its implementation
 Step 2: Decide on form of teacher training and implementing institutions
 Step 3: Develop a curriculum
 Step 4: Implement teacher training


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Monitoring and evaluation

- Ensure that sexuality education achieves its objectives
- Monitoring and evaluation need to be planned from the beginning
- Establish expert group who is responsible for M&E – ensure alignment with other groups and components, include learners and teachers
- Evaluation for sub-components or whole program
- Evaluation should cover sexual health outcomes and other indicators: learners' satisfaction, increasing knowledge and skills etc.


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Dissemination and promotion of the programme

Step 1: Raise awareness in the immediate environment
 Step 2: Collaboration with health services and other partners

Broad participation of all stakeholders will facilitate dissemination greatly.


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Conclusion

- Sexuality education is high on the agenda again.
- Many publications give guidance on the content of sexuality education specified according to age
- Moreover, documents support advocacy work (e. g. sexuality education is cost-effective and does not lead to earlier sexual activity)
- The Guidance for Implementation is a practical tool that guides countries / regions in tackling the complex process of introducing sexuality education in their country / region.



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Good luck and don't hesitate to get in touch if you need further information or assistance!

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