

## Interim report

**Date of sending out the form:**

Thursday, May 30, 2019

**Contact person/applicant:**

Bogdan Trandafir

**Country**

Romania

**E-mail**

bogdan.trandafir@bdp4u.ro

**Title of the granted project**

Perceptions and attitudes on reproductive health and contraception in obese teenagers

**Amount granted by the ESC (in euro)**

5775

**Initial funding (part of the grant received already) in euro:**

4331

**Final amount to be paid by ESC (in euro):**

1444

**Project number:**

P-2016-B-05

**Allocated mentor:**

S. Cameron

**Date project actually started:**

Thursday, June 15, 2017

**Planned date of completion:**

Friday, June 14, 2019

**Have there been any problems or issues with starting or continuing this project? If so, what impact will that have on your planned completion date?**

The project began on the 1st of November 2017 due to an initial problem with the affiliation of the project to our University (we informed the ESC Central Office about this aspect).

**Have you discussed the project status and any problems with your Mentor?**

Yes

**Please provide a synopsis of your findings and data so far (max 500 words)**

During this project, the team was aware of the national statistics which focused on teenage pregnancy in the country. The rates proved that there is no evident diminishing number of pregnancies among teenagers, especially obese teenagers. Because the Romanian curricula is not providing sexual education, this project, which is developed in our Regional Center for Diagnosis and Monitoring of Obese Children, is a true necessity. The questionnaires were delivered to mothers and teenage girls who reached out to our Center for nutritional and psychological counselling. Until now we enrolled 65 such pairs (mother-daughter).

During the distribution of the questionnaires and the creation of databases, we identified several aspects:

- mothers and teenagers decided to fill in the papers and deliver the questionnaires separately
- the majority of mothers did not agree with sexual intercourse before marriage for their daughters;
- most of the mothers did not discuss with their daughters matters regarding sexuality;
- many mothers declared they did not know much about contraception, especially contraception in obese adolescents;
- the majority of obese girls have no friends and encounter social integration problems;
- only a small percentage of overweight adolescents use contraceptive methods in comparison with obese girls;
- obese adolescents tend to use contraception methods less than girls with normal or over – weight; in this case, excess weight is often used as a reason for poor usage of contraceptive use;
- counselling is provided to both mother and teenage girl in order to develop communication skills and to point out the efficiency of contraception in obese adolescent. This is necessary not only to make both of them aware about the risk of pregnancy but also to inform properly about sexual diseases and the risk to contract them. The counselling by means of printed brochures will end on the 1st of November 2018.

We will organise two workshops in the Regional Center for Diagnosis and Monitoring of Obese Children for health professionals working with obese teenagers. Simultaneously, we will offer information on reproductive health and contraceptive methods through a social media page dedicated to obese teenagers.

**Please provide a current budget on how much you have spent to date. Receipts may be requested.**

We spent 2784 euros from the money received so far.

**Full Name**

Laura Mihaela Trandafir

**Date**

Tuesday, May 15, 2018

Questions? ESC Central Office: [info@escrh.eu](mailto:info@escrh.eu) / Tel. 0032 2 582 08 52

Once received and assessed, you will be contacted regarding the final payment.

**Type a question**

[info@escrh.eu](mailto:info@escrh.eu)