

Interim report

Date of sending out the form:

Monday, November 11, 2019

Contact person/applicant:

M. Drejza

Country

Poland

E-mail

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Title of the granted project

POLKA 18 - youth-led research to advance adolescent sexual and reproductive health and rights in Poland

Amount granted by the ESC (in euro)

8000

Initial funding (part of the grant received already) in euro:

6000

Final amount to be paid by ESC (in euro):

2000

Project number:

P-2018-B-03

Allocated mentor:

T. Bombas

Date project actually started:

Thursday, February 14, 2019

Planned date of completion:

Saturday, January 18, 2020

Have there been any problems or issues with starting or continuing this project? If so, what impact will that have on your planned completion date?

No major delays or problems that would affect the course of the project arised. We have successfully hired and onboarded five youth Research Assistants. The Research Assistants were trained at the in-person meeting that took place according to the plan in March 2019 in Kraków. The collection of the pilot phase started on time however due to national teacher strike which prevented our team to access the schools the deadline of collection got extended. Due to personal reasons, one of our Research Assistants needed to leave and was replaced with other young scientist

which did not disturb the data collection process. Our Team met again in late April to assess the progress and plan the September-December activities and dissemination meeting in December. As for the month of September we have managed to expand the scope of research from five to six voivodeships (including Zachodniopomorskie) and the Research Assistants have started reaching schools when the school year began on September 1st. The planned dissemination meeting date has been postponed to January 18th from December, as the team assumed that organizing a meeting during Christmas time might not be the most efficient due to the holiday season.

Have you discussed the project status and any problems with your Mentor?

We have contacted our mentor at the beginning of the project and planning to schedule the midterm check-in call given that no major problems have been identified that would potentially influence the outcomes of the project.

Please provide a synopsis of your findings and data so far (max 500 words)

As planned so far we have completed the pilot phase of the study and for the period of September-December 2019 we will be expanding the number of participants of the study up to 4000-5000 depending on the response rate from the schools.

During the pilot phase we received 650 results and included 632 in our final analysis (estimated number of results by the end of the study is 4000-5000).

Appropriate weighting was applied for five Polish regions. 48.8% (n=317) responded they are sexually active at the age of 18. 75.4% (n=490) declared heterosexual orientation. 15.7% (n=102) reported being vaccinated for human papilloma virus. Only 51.6% (n=336) reported attendance of the sexuality education classes, rating classes 5.7 out of 10. 44.7% of women have not yet had their first gynaecological consultation, 9 reported being refused services based on their age. Based on the results, there is a clear need for comprehensive curriculum of the sexual education in Polish high schools. 48.7% reported being sexually active (45.9% girls and 52.5% boys, p=0.05)

Sexual debut starts on average of 16.7 years, (p=0.001), 1 in 4 report only one sexual partner. 7.4% young women and 12.45% young men report 4 and more partners throughout their lifetime. (p=0.004). 27.% reported being drunk when engaging in sexual relations (29.2% boys and 25.4% girls, p=0.04). 0.63% reported having sexually transmitted infections during their lifetime. The most frequently used contraceptive method is condoms (76% of sexually active adolescents have used condoms during first sexual intercourse, 67.8% during last intercourse), followed by pills (14.7% during last intercourse), and coitus interruptus (5%). 21.2% (n=124) adolescents used Emergency Contraception throughout their lifetime.

Please provide a current budget on how much you have spent to date. Receipts may be requested.

We have spent PLN 13857,89 (about € 3464,4725).

Our current budget is PLN 18142,11 (about € 4535,5275).

We have spent lower than expected amount for the investigators meeting therefore due to unforeseen higher costs of printing the surveys and its distribution we suggest to move the 350 euros overhead from 4.1. into 3.2. for printing surveys (€239)

DETAILS (based on our declared budget):

<https://docs.google.com/spreadsheets/d/1nm4Z1c2KkLPRBT-LCSffkkcAppqH4PuxZ5sDkvPkQ>

*Assumed Currency Exchange rate € 1= PLN 4

Add any other information you feel we should have at this stage.

We submitted four abstracts to the ESC congress in Dublin. The gynecological aspects of the study got accepted as abstract for an oral presentation at the World Congress of Pediatric and Adolescent Gynecology in Melbourne, Australia.

Full Name

Michalina Drejza

Date

Friday, November 8, 2019

Questions? ESC Central Office: info@escrh.eu / Tel. 0032 2 582 08 52

Once received and assessed, you will be contacted regarding the final payment.

Type a question

info@escrh.eu