

Final report form

Date of sending out the form:

Tuesday, January 7, 2020

Contact person/applicant:

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Country

Romania

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Title of the granted project

Perceptions and attitudes on reproductive health and contraception in obese teenagers

Amount granted by the ESC (in euro)

5775

Project number:

P-2016-B-05

Allocated mentor:

S. Cameron

Date project actually started:

Thursday, June 15, 2017

Date of completion:

Sunday, September 15, 2019

Please provide a report of your findings and data.

FINAL REPORT OF THE PROJECT

Perception and attitude on reproductive health and contraception in obese teenagers

Project number: P-2016-B-05

The project began on the 1st of November 2017 due to an initial problem with the affiliation of the project to our University (we informed the ESC

Central Office about this aspect).

During this project, the team was aware of the national statistics which focused on teenage pregnancy in the country. The rates proved that there is no evident diminishing number of pregnancies among teenagers, especially obese teenagers. Because the Romanian curricula is not providing sexual education, this project, which is developed in our Regional Center for Diagnosis and Monitoring of Obese Children, is a true necessity.

Between the November 2017 and September 2019, the mother-daughter couples, teenager girls with overweight and obesity, aged between 12 and 18 years old were counselled in the Regional Center for Diagnosis and Monitoring of Obese Children. All couples received two questionnaires about sexual education and contraception. The results indicated an increased frequency (65.3%) of mothers with deficits regarding information in the field of reproductive health and contraception, an aspect which significantly influenced the level of correct knowledge in this field of obese teenager girls (77.9%). The analysis of the questionnaire revealed that the information held by obese teenager girls comes from non-specialized sources (colleagues, friends, media, family members) and not from qualified personnel (teachers, medical staff). The teenager girls do not have sufficient knowledge about contraception methods and their effects on obesity which further creates major implications for quality of life. We organised a workshop in the Regional Center for Diagnosis and Monitoring of Obese Children for health professionals working with obese teenagers when we offered information about reproductive health and contraceptive methods through a social media page dedicated to obese teenagers (<https://reprodobeseteen.grant.umfiasi.ro/>).

Project Director (PI), Laura TRANDAFIR, M.D.,
Lecturer, Ph.D.

Please provide a final detailed budget on how much you have spent. Was any money not spent? Receipts may be requested.

FINAL FINANCIAL REPORT (15-JUNE-2017 to 15-SEP-2019)

1. Staff costs (Salaries and social charges) - 3887,34 EURO
2. Questionnaires printing - UMF GR. T. POPA

Publisher House, Invoice No.130/201 – 26.12EURO
3. Brochures printing - UMF GR. T. POPA Publisher House, Invoice 230/15.05.2019 – 155.72EURO
4. CATERING for the WORKSHOP participants - OMNIA UNIVERS, Invoice 0359/15.06.2019 – 160.91 EURO
5. Flyers, Posters & Envelops for Workshop participants - OMNIA UNIVERS, Invoice 334 / 14.06.2019 – 32,18.EURO
6. Hotel Booking in Dublin for ESC Congress, Trandafir Laura Reimb.No.16831/06.08.2019 – 450EURO
7. Travel to Dublin for ESC Congress, Trandafir Laura Reimb.No.16831/06.08.2019 – 220,83EURO
8. ESC Congress fees LAURA TRANDAFIR - Reimb.No.16831/06.08.2019 – 543,48 EURO
9. Indirect costs (Overhead) 5% - 274,78 EURO
10. CURENCY EXCHANGE LOSS - 23,64 EURO

TOTAL EXPENSES / PROJECT DURATION (EURO)
– 5775EURO

How will your findings be presented?

Publication in journal

Presentation

Was your paper published? Indicate journal and acceptance date

No.

If is possible I want to publish in the "The European Journal of Contraception & Reproductive Health Care".

Presentation – note meeting organisation and date

If is possible I want to present the results of our grant on the ESC Congress in Dublin, next year.

Add any other information you feel we should have

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Please let us know whether having a mentor has been helpful or not

Many thanks to Professor Sharon Cameron for for her help and understanding.

Full Name

Laura Mihaela Trandafir

Date

Friday, December 20, 2019

Questions? ESC Central Office: info@escrh.eu

Type a question

info@escrh.eu