

# Final report form

**Date of sending out the form:**

Tuesday, January 14, 2020

**Contact person/applicant:**

R. Comendant

**Country**

Moldova

**E-mail**

comendantrodica73@gmail.com

**Title of the granted project**

Knowledge, perception and use of contraceptives among young people in Moldova

**Amount granted by the ESC (in euro)**

5800

**Project number:**

P-2018-A-04

**Allocated mentor:**

A. Londero

**Date project actually started:**

Sunday, September 30, 2018

**Date of completion:**

Sunday, October 14, 2018

**Please provide a report of your findings and data.**

Results: We received 332 answers from young people 15-24 years old via the online survey and 170 answers from medical students. The majority of them (69%) think that condoms are the best method, 59% prioritize coitus interruptus and only 23.3% - COC. At the same time, only 28% of sexually active youth used a condom at last sexual intercourse.

Surprisingly, the level of knowledge among medical students is not any higher. The majority (66%) believe coitus interruptus is the best

method, 60.9% - condoms and 21.7% - the calendar method. Only 39% of them used a condom at last sexual intercourse.

There were many myths about modern methods of contraception among participants, including: 38.30% of medical students and 36.70% of online participants think that COC is harmful. 8.30% of students and 8.70% of online participants believe that COC protects against sexually transmitted diseases. 36.6% of students and 21.80% of online participants believe that contraceptives cause weight gain. 18.30% of students and 6.50% of online participants consider that contraceptives cause child malformations. 3.30% of students and 4.70% of online participants consider that contraceptives induce abortion. Many were exposed to these myths on the Internet.

We developed an information package about modern methods of contraception, answering to all the myths we have discovered, and translated it into Russian (<https://www.cidrs.md/ru/planificarea-familiala/>). The findings of the study have been included in the courses on family planning, presented to the students of State Medical and Pharmacy University of Moldova.

An abstract, based on the study was presented and accepted for free communication at 2020 Congress of ESC.

**Please provide a final detailed budget on how much you have spent. Was any money not spent? Receipts may be requested.**

Expenditure for previous period:

4000 Euro from ESC

400 Euro from RHTC

1. Questionnaire elaboration (selection, translation) - 800 Euro
2. Sampling design of the questionnaire -300 Euro
3. Staff honoraria : sociologist, project assistant, book keeper, data collection person, project coordinator, statistical analysis - 2000 Euro
4. Communication: Internet, telephone - 200 Euro
5. Analysis of the findings, narrative creation, translation into English – 660 Euro
6. bank fee 1% - 40 Euro
5. Office rent, meal during the meetings, transportation – 400 Euro

Expenditure for the last portion of the grant : 1800 Euro from ESC and 300 Euro from RHTC

1. Writing, translation of the findings of the study, PPT presentation preparation, abstract submission for participation at the 16th ESC

- Conference - 1000 Euro
2. Elaboration of the Info Package on modern contraceptives for social media channels and translation into Russian (<https://www.cidr.md/ru/planificarea-familiala/>) - 700 Euro
  3. Bank fee 100 Euro
  4. Preparation of the publication in local social media, national journal, etc – 300 Euro (covered by RHC)

---

Total 6500 Euro  
Covered by ESC: 5800 E  
Covered by RHTC: 700 Euro

### How will your findings be presented?

Presentation

RHTC Facebook and web

### Presentation – note meeting organisation and date

16th ESC Congress, Dublin, May 2020.

### Add any other information you feel we should have

RHTC team is very grateful for ESC support and help in conducting this study, which allowed us to obtain new information about the barriers yang people are facing when accessing contraceptives, about their perceptions and existing myths on modern contraceptives. Today, conducting informative sessions with youth we may use the findings from the study and be more focused on destroying the existing misconceptions.

### Please let us know whether having a mentor has been helpful or not

Yes, it was reassuring and helpful!

### Full Name

Rodica Comendant

### Date

Tuesday, January 14, 2020

Questions? ESC Central Office: [info@escrh.eu](mailto:info@escrh.eu)

### Type a question

[info@escrh.eu](mailto:info@escrh.eu)