

# Final report form

**Date of sending out the form:**

Saturday, June 30, 2018

**Contact person/applicant:**

Krystyna Kacpura

**Country**

Poland

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**Title of the granted project**

Survey on the Attitudes, Knowledge and Practices on Emergency Contraception Pill among Polish Physicians

**Amount granted by the ESC (in euro)**

EUR 7 000

**Project number:**

v2018 - A

**Allocated mentor:**

Sharon Cameron

**Date project actually started:**

Monday, January 14, 2019

**Date of completion:**

Tuesday, January 28, 2020

**Please provide a report of your findings and data.**

Within the project activities we disseminated over 1500 questionnaires and received back over 430 answered forms. There were many difficulties to get answers for medical doctors in Poland so we have been very happy to receive a 430 filled questionnaires. Many doctors including gynecologists and obstetricians refused to fill the questionnaire because of the threat that the result are published and they could be identified. We observe a huge taboo and deep stigma on

emergency contraception in Poland. EC is often regarded as so called "early abortion pill" not as a possible contraceptive method. These doctors refused to answer the survey.

Results of the survey:

- 94% of respondents know at least one of the emergency contraceptive method;
- 97% were aware of the new legislation change in Poland that emergency contraception came back on prescription;

Myths and misconceptions:

- 5% believed that emergency contraception has abortifacient properties and can terminate already existing pregnancy;
- only 34% confirmed that they have been educated on emergency contraception in medical schools and only 5% received such education in post graduate training.
- 91% respondents believed that there is a need for medical consultation with obtaining patient history before prescribing emergency contraception, one in five believed that medical examination is strongly needed;
- 22% were not aware about the current legislation on the right of adolescents to emergency contraception;
- 7% believed that emergency contraception can only be prescribed by obstetrics and gynecology consultant;
- 95% agreed that the information on emergency contraception should be included in medical schools and postgraduate education curriculum;
- 9% believed that emergency contraception should be available without prescription in Poland;
- 7% would not use emergency contraception themselves;
- 59% believe that emergency contraception should be available without prescription for adolescents;
- 3% has come across the systemic conscientious objection towards emergency contraception in their place of work.
- 3% would never prescribe emergency contraception in emergency situation.

**Please provide a final detailed budget on how much you have spent. Was any money not spent? Receipts may be requested.**

Final financial report in EUR:

1. Staff work:

1 300 EUR

2. Printing cost of the surveys:

200EUR

- 3. Outcomes analysis:  
500 EUR
- 4. Conference( renting a conference room,  
facilities, lunch: 600 EUR
- 5. Brochure for medical staff on EC:(writing,  
printing 1000 copies) 2 000 EUR
- 6. Brochure on EC for women (writing, printing  
3000 copies) 2 400 EUR

Total spent: 7 000 EUR

### How will your findings be presented?

Presentation

Other

### Presentation – note meeting organisation and date

Conference on January 18. The presentation on the results of the survey was shown and the expert presented the results based on the presentation.

### Add any other information you feel we should have

We are very sorry for a delay in reporting the project but there were many political obstacles in getting back the surveys.

### Please let us know whether having a mentor has been helpful or not

Yes, our mentor was very helpful. Thank you for all sent us emails with remarks on the survey.

### Full Name

Krystyna Kacpura

### Date

Wednesday, February 5, 2020

Questions? ESC Central Office: [info@escrh.eu](mailto:info@escrh.eu)

### Type a question

info@escrh.eu