

## ESC Virtual Seminar

### Breaking news in contraception

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#### Questions & answers

- **When you mention IUS are you referring only to the 52Mcg one or is there any data with lower doses?**  
According to the WHO we should now rename LNG-IUS as LNH-IUD There are three different doses approved in EU (the two lower dosed LNG-IUDs are Jaydess and Kyleena)
- **Could you please expand on the SDI removal device. Does that mean there is less training involved and any clinician can remove it ?**  
The idea with this RemovAid device is to standardize removals and to simplify the procedure to a non scalpel removal. In future studies we will look at task shifting.
- **Which implant has been developed for self administration? Is Removaid for women to use or HCP?**  
As a first step it is for HCPs but in the future, we will see if this task can also be shifted to women
- **Could you elaborate on the 6/12 injection? We have the SC in UK but it is licensed for 13 weeks, not for 6/12.**  
This refers to ongoing development with alternative progestins, sc injections and 6 months duration.
- **I have seen dissolvable SC implants used in Brazil , can you give us information on that, please?**  
I have no other information than that this has been a focus for research since many years now. A problem has been in case the woman wants the pellet/implant removed which is a challenge.
- **What is your opinion of the ballerine?**  
Interesting idea and very nice with further development also of Cu-IUDs However the same high standards regarding evidence based needs to apply as for hormonal contraception. We still need to see the in vivo studies on efficacy, expulsion, etc
- **Depo provera. we have problems to get it until 2022**  
I have no information on this.
- **When you manage the planning of abortion with telemedicine, do you only use last period to estimate the length of pregnancy? When you don't have an ultrasound.**

We offer ultrasound to all when they pick up their medication but the most common is to rely on LMP and not ultrasound

- **Would you know the progress on non-hormonal contraceptives for males?**  
There are promising data on new barrier methods but the human studies remain to be done.
- **You mentioned about the lengthening of the duration of the LNG-IUD**  
Yes, the 53mg LNG-IUD has been approved for 6 years use and 7 years is pending.