



16TH ESC CONGRESS

25-28 MAY 2022, GHENT, BELGIUM

Challenging times, are we ready?
Novel approaches to sexual and
reproductive health

[ESCRH.EU/EVENT/16TH-ESC-CONGRESS](https://escrh.eu/event/16th-esc-congress)

 #ESCRH2022



Interactive workshop at #ESCRH2022 in Ghent Hormonal contraception, solve the adverse events puzzle! Register now

Introduction: In daily medical practice health professionals are regularly confronted by their patients with questions or complaints associated with hormonal contraception. Possibilities to solve these problems are not always clear and may be influenced by cultural and geographical issues. In two interactive workshops of 3 hours each, five different topics will be introduced and supervised by known experts in the field. We aim to discuss solutions in small groups of 8-10 individuals, to balance benefits and risks for the patient and to provide a tailor-made contraceptive advice. At the end of the workshop the knowledge obtained by the participants will be tested anonymously online by multiple choice questions through Mentimeter (see www.mentimeter.com).

Moderator: Frans Roumen (Netherlands)

Target group: All health professionals working in daily medical practice who want to be informed about possible solutions for everyday patient problems with hormonal contraception.

Workshop 1 (Hugo Vandergoeszaal)

Thursday May 26, 2022 / 10:45 -13:45 CET

1. Screening & follow-up - Iñaki Lete Lasa (Spain)
2. Bleeding problems - Gabriele Merki (Switzerland)
3. Weight gain/Obesity - Teresa Bombas (Portugal)
4. Mood & sexuality - Johannes Bitzer (Switzerland)
5. Skin/hair changes - Katarina Sedlecky (Serbia)

Workshop 2 (Hugo Vandergoeszaal)

Friday May 27, 2022 / 13:00 -16:00 CET

1. VTE - Katarina Sedlecky (Serbia)
2. Emergency contraception - Ali Kubba (United Kingdom)
3. Headache/Migraine - Gabriele Merki (Switzerland)
4. Breast problems - Anne Gompel (France)
5. Perimenopause - Kai Haldre (Estonia)



Preparation: The participants are strongly advised to study in advance the Training Improvement Programme, which is freely available at <https://escrh.eu/education/training-improvement-programme/>. An I-phone or laptop with internet connection is essential to participate in the Multiple Choice questions session at the end of the workshop.

Registration: The number of participants is limited to 50 per workshop. Participants have to sign in in advance. The attendance is **free for registered congress participants**. For **non-registered participants the fee is 50 Euro for one workshop, and 75 Euro for two workshops**. Lunches are included and will be served during the session. A letter of attendance made by ESC will be provided to all participants.

<https://escrh.eu/event/16th-esc-congress/#eventregistration>