

## ESC Virtual Seminar 2023

Friday 12 May - Saturday 13 May 2023

**Title:** Contraception matters more than ever

**Link** <https://escrh.eu/event/esc-virtual-seminar-2023/>

**Website**

### FRIDAY 12 May 2023

<b>16:00</b>	<b>Welcome &amp; introduction</b>	
	<b>TOPIC 1: Global reflection on reproductive health</b>	
	Chair: Ali Kubba, Guy's and St Thomas' NHS Foundation, United Kingdom	
16:10	Introduction	
16:15	Global impact of COVID-19 pandemic on contraception	<i>Deborah Bateson, University of Sydney, Australia</i>
16:35	Global impact of COVID-19 pandemic on abortion	<i>Caron Kim, WHO, Switzerland</i>
16:55	Panel Discussion	
	<b>Sponsored symposium:</b>	
	Chair: TBA	
17:15	Introduction	
17:20	TBA	<i>TBA</i>
17:40	TBA	<i>TBA</i>
18:00	Panel discussion	
<b>18:20</b>	<b>Break</b>	
	<b>TOPIC 2: What's new in contraception</b>	
	Chair: Manuela Farris, Italian Association for Demographic Education (AIED), Italy	
18:35	Introduction	
18:40	What's new in LARC?	<i>Niklas Envall, Dalarna University and Karolinska Institutet, Sweden</i>
19:00	What's new in emergency contraception?	<i>Cristina Puig, European Consortium for Emergency Contraception, Spain</i>
19:20	Panel discussion	
	<b>TOPIC 3: Engaging with young people in the digital era</b>	
	Chair: Helena Kopp Kalner, Danderyd Hospital, PhD Karolinska Institutet, Sweden	
19:40	Introduction	
19:45	How to manage 'hormonophobia'	<i>Johannes Bitzer, the University of Basel, Switzerland</i>
20:05	Digital technology to engage young people in sexual and reproductive health	<i>Paula Baraitser, King's College Hospital NHS Foundation Trust, United Kingdom</i>
<b>20:25</b>	<b>Goodbye &amp; see you tomorrow</b>	

## SATURDAY 13 May 2023

<b>08:30</b>	<b>Welcome</b>	
	<b>TOPIC 4: Supporting the reproductive life course: menstrual disorders &amp; complex contraception</b> Chair: Berna Dilbaz, University Ankara Turkey, Turkey & Antoinette Maassen van den Brink, Erasmus MC, the Netherlands	
08:35	Introduction	
08:40	Hormonal contraception and mental health (incl PMS and PMDD)	<i>Teresa Bombas, Obstetric Service, Centro Hospitalar e Universitário de Coimbra, Portugal</i>
09:00	Contraception for women with endometriosis and migraine	<i>Gabriele Merki, University Hospital Zürich, Switzerland</i>
09:20	Panel Discussion	
	<b>Sponsored Symposium:</b> Chair: TBA	
09:40	Introduction	
09:45	TBA	<i>TBA</i>
<b>10:10</b>	<b>Break</b>	
	<b>TOPIC 5: Supporting the reproductive life course: perimenopause</b> Chair: Lela Shengelia, Geneva Foundation for Medical Education and Research, Georgia & Gabriele Merki, University Hospital Zürich, Switzerland	
10:30	Introduction	
10:35	Ovarian aging: What can we do about it?	<i>Colin Duncan, University of Edinburgh, United Kingdom</i>
10:55	Contraception in the perimenopause	<i>Giovanni Grandi, University of Modena and Reggio Emilia, Italy</i>
11:15	Panel Discussion	
	<b>TOPIC 6: Supporting the reproductive life course: post-pregnancy care</b> Chair: Oskari Heikinheimo, Helsinki University Central Hospital, Finland	
11:35	Introduction	
11:40	Contraception and very early medical abortion	<i>Kristina Gemzell Danielsson, Department of Women's and Children's Health, Karolinska Institutet, Sweden</i>
12:00	Post-abortion contraception	<i>Helena Kopp Kalner, Danderyd Hospital, PhD Karolinska Institutet, Sweden</i>
12:20	Post-partum contraception	<i>Sharon Cameron, NHS Lothian &amp; University of Edinburgh, United Kingdom</i>
12:40	Panel Discussion	
<b>13:00</b>	<b>Closing &amp; goodbye</b>	