

maandag, januari 16, 2023

Grant application form

Introduction

The ESC will provide funding to support an individual, group, institute or organisation with a project that has a scientific basis with a described relevant outcome(s) and is related to the aims of the ESC. Examples include: research into methods or provision of contraception, sexual and reproductive health; validated questionnaires to understand uptake or utilization of a method or procedure; or needs assessment within a community or locale.

The Internal Scientific Committee (ISC) retains the right to refuse an application if it feels the topic is not within the aims and objectives of the Society. For example, assisted reproductive technologies and projects on obstetric care would not be considered acceptable.

Application

- Please use this on line application form. Note sections with a maximum word count. Forms will be returned if the word count is exceeded. Please complete ALL sections of the form.
- If granted, the project MUST start within 12 months and MUST be completed within 3 years (if the project is to take longer, specific permission must be granted).
- A mentor will be allocated to each project. They are there to give advice if requested and will oversee progress.
- A short CV of the applicant (or the principal investigator) should be integrated into this application.
- If you or your department has been granted an ESC funded project or course before, this section of the form must be completed.

Who can apply?

Applicants must be paid up ESC European members with their membership paid within a European country. However, a European applicant is allowed to submit a project that will take place outside Europe. You must remain a paid-up ESC member until the project is complete and has been signed off by the ISC.

Funding

- Funding UP to a maximum of 10,000 euro per project can be requested. The money must be used for a definite project within a defined time period (usually up to 3 years) and with specified outcome measures. Part of the allocated funding is offered initially with the remainder being allocated on submission of an acceptable interim report(s). A final report MUST be sent to ESC within 6 months of completion.
- A detailed budget must be included in the application form. Example of costs include: staffing; involvement of a statistician; language editing; costs related to a questionnaire or obtaining relevant reference material. Costs for equipment may sometimes be accepted, dependant on reason given. Receipts may be requested. Grant money cannot be used for congress registration.
- The ESC may not be in a position to fully fund all applications; you must indicate whether / how part funding may impact your project.

Deadline

Applications MUST be received at ESC Central office by **31st December 2018**.

A. Name of the applicant requesting the funding

Name of applicant

Michalina Drejza

Submission date of this form

zondag, januari 15, 2023

Job title

President, Polish Society of Sexual and Reproductive Health; Specialty Registrar in Obstetrics and Gynaecology, Cambridge University Hospitals

Address

Nowolipie 13/15
Warsaw, 00-150
Poland

Phone Number

(+48) 22 635 93 95

E-mail

michalina.drejza@gmail.com

A short CV of the applicant (or the principal investigator) should be provided here. (Max 250 words)

Michalina Anna Drejza, MD, MSc, PhD

Education

- EAST OF ENGLAND SCHOOL OF OBSTETRICS AND GYNAECOLOGY Specialty Trainee in Obstetrics and Gynaecology (2021-present)
- POZNAN UNIVERSITY OF MEDICAL SCIENCES, Poznań, Poland; PhD in Obstetrics and Gynaecology (2019-2022) Thesis topic: Model of interdisciplinary and holistic approaches towards health and health promotion in adolescent gynaecology in Poland
-LONDON SCHOOL OF HYGIENE AND TROPICAL MEDICINE
MSc Reproductive and Sexual Health Research (2017-2019) Thesis topic: Providers' acceptability and training needs for self-care interventions for sexual and reproductive health and rights (SRHR)
-POZNAN UNIVERSITY OF MEDICAL SCIENCES, Poznań, Poland Faculty of Medicine, Doctor of Medicine (M.D) (2009-2016)

Relevant experience

- POLISH SOCIETY OF SEXUAL AND REPRODUCTIVE HEALTH
President and Founding Member (JAN 2023 -

present)
- ROYAL COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS
Global Health Trainee Committee Member (DEC 2022-present)
- INTERNATIONAL FEDERATION OF PAEDIATRIC AND ADOLESCENT GYNAECOLOGY
Member, Strategic and Advocacy Group (OCT 2022-Present)
- INTERNATIONAL PLANNED PARENTHOOD FEDERATION (IPPF)
Member of International Medical Advisory Panel (FEB 2022 - PRESENT)
- EUROPEAN SOCIETY OF CONTRACEPTION AND REPRODUCTIVE HEALTH
Scientific grant recipient and principal investigator of "POLKA 18 – youth-led research to advance adolescent sexual and reproductive health in Poland" FEB 2019-20
- WHO DEPARTMENT OF SEXUAL AND REPRODUCTIVE HEALTH AND RESEARCH, GENEVA
*Guideline Development Group Member to Revise the Medical Eligibility Criteria for Contraceptive Use and Selected Practice Recommendations for Contraceptive Use (2022-present)
*Guideline Development Group Member for the new Technical and Policy Abortion recommendations (2020-2021)
*Coordinator of Youth Abortion Taskforce leading group of 15 youth providing insight for the new WHO normative guidance and conducting reviews and focus group discussions on youth values and preferences
*Consultant providing technical support to development of WHO Consolidated Guideline on self-care interventions for sexual and reproductive health and rights, with a special focus on training of health providers and meaningful youth and vulnerable populations engagement in guideline development (February 2018-June 2019)
*Conducting the study on knowledge, attitudes and practice of medical students towards family planning and contraceptive methods counseling in 25 countries, mentored by Dr Mario Festin (March 2016 - December 2017)
*Intern in the Family Planning/Contraception Team, supervised Dr James Kiarie (January-February 2016). supporting creation of monitoring and evaluation system and a communication policy for Bill and Melinda Gates Foundation Grant Umbrella Project, on Family planning/Contraception Research Implementation in WHO African Region.
*Coordinated World Contraception Day 2016 WHO

video campaign on youth and contraception (<https://www.youtube.com/watch?v=47ff8B7Y0E4>)

Research experience and selected publications and presentations

- Drejza, M., et al (2022). HPV Vaccination among Polish Adolescents—Results from POLKA 18 Study. In *Healthcare* (Vol. 10, No. 12, p. 2385). Multidisciplinary Digital Publishing Institute.
- Drejza, M et al. (2022): "Markers of Oxidative Stress in Obstetrics and Gynaecology—A Systematic Literature Review." *Antioxidants* 11.8 1477.
- RCOG CONGRESS 2022 | Authored and co-authored three top scoring abstracts in Adolescent gynaecology session
 - Menstrual health of Polish adolescents – results from POLKA 18 cross-sectional youth-led study
 - The impact of violence on Polish adolescents- results from POLKA18 study
- Gynaecological issues among Polish adolescents - results from POLKA 18 cross-sectional youth-led study
- Plagens-Rotman, K., Drejza, M., Kędzia, W., & Jarząbek-Bielecka, G. (2021). Gynaecological infections in paediatric and adolescent gynaecology: a review of recommendations. *Advances in Dermatology and Allergology/Postępy Dermatologii i Alergologii*, 38(5), 734.
- Wong, B. L., Khurana, M. P., Acharya, N., Drejza, M., Martins, D. (2020) World Health Organization simulations: an increasingly popular learning tool for the development of future global health practitioners. *Journal of Global Health*
- WORLD CONGRESS OF PAEDIATRIC AND ADOLESCENT GYNAECOLOGY, Melbourne, Australia (November 2019)
 - Oral presentation, Drejza M. et al. "Youth-led research on adolescent sexual and reproductive health in Poland - POLKA 18 pilot study results"
- Drejza M, Turk T, Wahdani B. Meaningful youth engagement in global health means equal partnership and power sharing, *BMJ opinion* 2019
- FIGO WORLD CONGRESS ON GYNECOLOGY AND OBSTETRICS, Rio de Janeiro, Brasil (October 2018)
 - Drejza M, Festin M "What do medical students learn about long acting reversible contraception, emergency contraception and counseling?" - poster presentation
- EUROPEAN CONGRESS OF PEDIATRIC AND ADOLESCENT GYNECOLOGY (EURAPAG), Vilnius, Lithuania (June 2017)

Drejza M, Melles MO Global Accelerated Action for the Health of adolescents (AA-HA!) - young healthcare professionals role (plenary presentation)

- Wildt M, Drejza M, Gedeon J, Alwahdani B, de Wit S. Adolescent and Youth Commentary, UHC2030 Stakeholder Voices on Tracking Universal Health Coverage: 2017 Global Monitoring Report

- WOMEN DELIVER CONFERENCE, Copenhagen, Denmark (May 2016)

Young Leader Scholarship Recipient,,
PRESENTATION: What Youth Want: Boosting Access to Contraception and Youth Friendly Services

- FIGO WORLD CONGRESS OF GYNECOLOGY AND OBSTETRICS Vancouver, Canada (October 2015)

SIDE EVENT PRESENTATION: Ensuring access to quality abortion care: Confronting stigma and advancing women's rights together with Ipas

B. Proposed project

Is the person responsible for the project different to the person named in box A

No

C. Background of the project – narrative summary

Title of the project

Self-managed abortion in Poland after the introduction of the 2020 near-total abortion ban

Please provide a comprehensive description of your project. The application will be assessed under the following headings: Background and hypothesis; Specific aims and objectives; a Needs Analysis with evidence of unmet need and Innovation; Approach and Methodology; ie numbers recruited, ethical approval. inclusion & exclusion criteria; Expected outcomes; Impact it will or may have in the field of contraception, sexual and reproductive health; Feasibility (1000 words)

In 2020, Poland banned abortion on the grounds of foetal anomaly, further restricting the already stringent 1993 abortion law. The near-total abortion ban in force since has worsened the landscape of sexual and reproductive rights in Poland, reducing access to essential medical care and impacting obstetric services. Moreover, the national funding for sexual and reproductive health research is politicised and often impossible to obtain.

The already low number of legal abortions in Poland decreased dramatically after the introduction of the near-total abortion ban on 22nd October 2020, from 1076 in 2020 to 107 in 2021 (data from Polish Ministry of Health report). Currently the majority of the women seeking abortion care obtain it with the help of community organisations such as Abortion Dream Team, Abortion Without Borders and Foundation on Women and Family Planning, either through self-sourced medical abortion pills, or through travelling abroad for surgical abortions.

Research on abortion in Poland under the current legal landscape is urgently needed. We need to know about the experiences of women forced to self-source their abortion care, their needs, and find what can be improved within the current system. Data on the knowledge, attitudes and practice of healthcare practitioners is also essential in building curricula and designing interventions aimed at improving their capacity to support patients in obtaining safe terminations of pregnancy.

Self-managed abortions are often negatively viewed by medical professionals as it challenges the traditional power dynamics in medicine. Evidence suggests that abortion provided via telemedicine is effective, safe and acceptable by people seeking abortions. (Aiken et al. 2021)

This study aims to investigate new discourses and attitudes towards abortion in new legislative reality. As a response to the current situation of restrictions of sexual and reproductive health services we established the Polish Society of Sexual and Reproductive Health. The goal of the Society is to bring together specialists from various fields medical, legal, social, and representatives of the non-governmental organisations and social collectives united to promote full sexual and reproductive health in Poland through education, research, guideline development and advocacy.

Aims and objectives

Our aim is to create the first evidence base on self-managed, self-sourced abortion happening outside of the legal and medical system in Poland. Our objectives are to: i) understand the attitudes, knowledge and current practice of healthcare professionals towards abortion, including self-managed abortion, and on its legal and practical status; ii) elicit views of women with experience of abortion in Poland, on the support they required, and on how the law shaped their views, experiences and preferences.

Methodology

The study will comprise of two components:

(1) Survey of healthcare professionals

Aim: To assess the knowledge, attitudes and practices towards abortion, including self-managed abortions among healthcare professionals (doctors, nurses and midwives) in Poland

Sample size: Minimum 500 Polish healthcare professionals (doctors, nurses, midwives, pharmacists) and healthcare students (of medicine, nursing, midwifery and pharmacology) recruited via professional newsletters and social media

Methods: Self-reported online questionnaire

(2) Confidential in-depth interviews with Polish women with experience of abortion, including self-managed abortion with pills in Poland

Aim: To elicit views of women with experience of self-managed abortion in Poland after the 2020 ban, on the support they required, and on how the law shaped their views, experiences and preferences.

Sample size: 20-25 Polish women with recent (from 2021 onwards) experience of abortion, including self-managed abortion recruited with the support of community-based organisations providing abortion guidance
Methods: Qualitative, semi-structured in-depth interviews

We will obtain ethical approval from the Ethics Review Committee of Poznan University of Medical Sciences. Quantitative component of the study will be analysed with the use of the STATA package for statistical inferences by a recruited statistician. In-depth interviews will be analysed with the use of thematic analysis by a recruited qualitative scientist.

Main outcome

Knowledge, attitudes and practice of healthcare professionals in Poland towards abortion, including self-managed abortion
Experiences, preferences and needs of self-managed abortions among women in Poland

Proposed timeline

01/03-31/05/2023

- Recruitment of the study team
- Obtaining ethics approvals
- Drafting study protocols

26-28/05/2023

- First investigators meeting to finalize study protocols in Warsaw

01/05/2023 - 31/12/2023

- Recruitment of the participants
- Conducting in-depth interviews and survey distribution

19-21/01/2024

- Second investigators meeting to conduct preliminary analysis and data dissemination in Warsaw

01/02-30/04/2024

- Data analysis
- Manuscript preparations

15/05/2024

- Dissemination meeting and press conference in Warsaw

01/06-30/06/2024

- Finalization and report writing

Impact

We aim to create an evidence base for the development of advocacy tools, high-quality guidelines for organisations providing abortion support, and for the building of abortion services in the country after the restrictive abortion law is abolished. As there is no source of evidence and official data on the number and quality of abortion care provided in Poland, this study would be an important contribution to the understanding of the state of sexual and reproductive rights and care in the country.

Dissemination

We aim to prepare three major publications for peer-reviewed journals.

The findings of the study will be presented at conferences, disseminated to healthcare professionals through professional societies, newsletters. The findings will be shared with the general public through media, social media and with the help of community organisations.

Patient/public involvement

We aim to actively involve community organisations who are working towards providing self-managed medication abortion in Poland like Abortion Dream Team, Abortion without Borders and Foundation for Women and Family Planning. We also will involve laypeople to join the Patient & Public Involvement group and advise us on all the stages of the study. We believe that by creating a community advisory board for this study we would be able to meaningfully engage and connect the world of academia with non-governmental and community organisations.

Timeline: When will it start / finish? (Max 20 words)

As mentioned in the detailed project description

Is it a 'new' project?

Yes

D. Financial related information

How much will this project cost?

16300 euros

Are there other partners or organisations supporting this same project?

Yes

If YES - name the other partners who will support this project (Max 20 words)

Polish Society of Sexual and Reproductive Health
Foundation of Women and Family Planning
FEDERA
Poznan University of Medical Sciences

Have you already obtained any funding?

No

Details of your proposed budget

- **Example of costs include:** staffing; involvement of a statistician; language editing; costs related to a questionnaire or obtaining relevant reference material. Costs for equipment may sometimes be accepted, dependent on the reason given. Receipts may be requested. Grant money cannot be used for congress registration.
- List each item required for this project
- For each budgetary item, enter either the amount requested from the ESC or if there is also funding from another partner, list the amount & name of partner.

Budget

List each Item required for this project	Amount requested from ESC	Amount requested from additional partner	Name of partner	Any Comments
I. INVESTIGATORS' HONORARIA				
1.1. Study coordinator (1 person)	1500	0		
1.2. Statistician (1 person)	1000	0		
1.3. Quantitative study coordinator honorarium	1000	0		
1.4. Qualitative study coordinator honorarium	1000	0		
II. MEETINGS				
2.1. First investigators meeting (including accommodation and transportation)	800	1200	Foundation of Women and Family Planning FEDERA	
2.2. Second investigators meeting	800	1200	Foundation of Women and Family Planning FEDERA	
2.3. Press conference and dissemination meeting	800	1200	Foundation of Women and Family Planning FEDERA	
III Administration				
3.1 Ethics approval and registration	200	0		
3.2 Accountant and project administration	500	1000	Foundation of Women and Family Planning FEDERA	
3.3. Publication costs	800	2000	Poznan University of Medical Sciences	
IV. Equipment and software				
4.1 Softwares for data collection, analysis and management	500	500	Foundation of Women and Family Planning FEDERA	
4.2 Devices for recording and storing data	300	0		

Who will oversee the budget & keep accounts?

Total amount requested from ESC

9200

Total amount requested from partner(s)

7100

Add any additional information here

Project will be collaboration between Polish Society of Sexual and Reproductive Health, Foundation on Women and Family Planning FEDERA and Poznan University of Medical Sciences

The ESC may not be in a position to fully fund all applications; you must indicate whether / how part funding may impact your project. (Max 100 words)

It will be challenging to conduct study on abortion in Poland if the project would not be supported by ESCRH as the funding for this topic does not exist. We will need to scale down the number of interviews and surveys disseminated. We will need to limit the in-person investigators meeting to one.

Note: The ESC retains the right to be refunded any unspent money from the grant.

Provide name, title, contact number and email address

Krystyna Kacpura, President, Foundation of Women and Family Planning FEDERA,
krystyna_k@astra.org.pl

E. Previous funding from ESC

If you or your department has received funding from ESC for a project or course before, please give details of the date of funding, contact person and title of project or course.

The team received ESCRH Scientific grant for "POLKA 18 – youth-led research to advance adolescent sexual and reproductive health in Poland" FEB 2019-20

F. Follow up

I/We, as responsible agents for this project, agree to the following 10 points:

I/We agree that all monies will be spent appropriately	yes
I/We agree to work with the nominated Mentor	yes
I/We agree to advise you at the earliest time if this project is delayed or cannot be completed	yes
I/We agree to provide an interim report(s) part way through the project and a final report to the ESC within 6 months of the end of the project.	yes
I/We agree to provide the ESC with an interim budget(s) and a detailed budget at the end of the project. NOTE funding will be awarded in stages and will be dependent on appropriate reporting.	yes
I/We agree to provide receipts for monies spent if requested.	yes
I/We agree that if we need to make any significant changes to the duration, contents or funding of the project after it has been awarded, I/we will advise the nominated mentor.	yes
I/We agree that any unspent money will be returned to the ESC	yes
I/We (the applicant) agree to acknowledge the ESC as a donor in any publications, submission of abstracts and oral communications resulting from this project. Please inform the ESC Office where and when the data is to be presented and/or published and note that ideally any manuscript should be sent to the ESC journal in the first instance.	yes
I/We agree to remain fully paid up ESC member(s) until the final grant report is submitted	yes

I/ We agree that the reports get published on the ESC website

yes

Full Name

Michalina Drejza

Questions? ESC Central Office: info@escrh.eu / Tel. 0032 2 582 08 52