

17th ESC Congress "Sexual Rights and Contraception in a Turbulent World"

1 - 4 May 2024

Congress location: Euskalduna Conference Centre

Address: 4, Abandoibarra Av. 48011, Bilbao

WEDNESDAY, 1 May 2024

ROOM 0E
15:00 - 17:00 Free Communications
18:00 - 19:00 Opening By the ESC president & Local Committee
19:00 - 20:30 Networking event, drinks, opening of the exhibition

THURSDAY, 2 May 2024

Room 0B	ROOM 0E	ROOM 0D	ROOM 0A
08:30 - 10:00 BLOCK 1 - Contraception in a life cycle perspective	08:30 - 10:00 BLOCK 2 - Debate VEMA: for all or for some		08:30 - 09:30 ISPOG Session
10:00 - 10:45 Keynote Lecture - Women facing crises in a turbulent world - Anne Kihara			
10:45 - 11:15 Coffee Break & E-posters presentations	10:45 - 11:15 Coffee Break & E-posters presentations	10:45 - 11:15 Coffee Break & E-posters presentations	10:45 - 12:45 Workshop with the experts - WS 01
11:15 - 12:45 BLOCK 3 - Is there truth in epidemiology	11:15 - 12:45 Sponsored Symposium - SPOSY 01	11:15 - 12:45 BLOCK 4 - Contraception in women with co-morbidity (Part 1)	
12:45 - 14:00 Lunch Sponsored Symposium - SPOSY 02	12:45 - 14:00 Lunch	12:45 - 14:00 Lunch Free Communications - FC 01	
14:00 - 15:30 BLOCK 5 - Pipeline Of Male Contraception Methods (ICMC)	14:00 - 15:30 BLOCK 6 - Preventive uses of Hormonal Contraceptives.	14:00 - 15:30 Free Communications - FC 02	14:30 - 15:15 Sponsored Symposium - SPOSY 03
15:30 - 16:00 Coffee Break & E-poster presentations	15:30 - 16:00 Coffee Break & E-poster presentations	15:30 - 16:00 Coffee Break & E-poster presentations	15:30 - 16:00 Coffee Break & E-poster presentations
16:00 - 17:30 BLOCK 7 - FIGO's Family Planning Vision: Enhancing Reproductive Health and Choices	16:00 - 17:30 BLOCK 8 - Contraception in women with co-morbidity (Part 2)	16:00 - 17:00 BLOCK 9 - STI	
		17:30 - 18:45 General Assembly (ESC members only)	

FRIDAY, 3 May 2024

Room 0B	ROOM 0E	ROOM 0D	ROOM 0A
08:30 - 10:00 BLOCK 10 - Hot topics on abortion	08:30 - 10:00 BLOCK 11 - Debate with pro and con	08:30 - 10:00 Free Communications - FC 03	08:30 - 10:00 ESC Granted projects
10:00 - 10:45 Keynote Lecture - Improving care for those seeking abortion - Kristina Gemzell - Danielsson (Sweden)			
10:45 - 11:15 Coffee Break & E-posters presentations	10:45 - 11:15 Coffee Break & E-posters presentations	10:45 - 11:15 Coffee Break & E-posters presentations	10:45 - 11:15 Coffee Break & E-posters presentations
11:15 - 12:45 BLOCK 12 - Therapeutic uses of Hormonal Contraceptives		11:15 - 12:45 BLOCK 13 - The role of digital technology and social media in contraception and reproductive health	
12:45 - 14:00 Lunch Sponsored Symposium - SPOSY 04	12:45 - 14:00 Lunch	12:45 - 14:00 Lunch	12:45 - 14:00 Lunch
14:00 - 15:30 BLOCK 14 - Joint EBCOG/ESCRH Curricula and Exams in Contraception and Sexual and Reproductive Health Care	14:00 - 15:30 BLOCK 15 - Challenges in contraception research and publishing	14:00 - 15:30 BLOCK 16 - Endometriosis and adenomyosis	14:00 - 17:00 Workshop with the experts - WS 02
15:30 - 16:00 Coffee Break & E-poster presentations	15:30 - 16:00 Coffee Break & E-poster presentations	15:30 - 16:00 Coffee Break & E-poster presentations	
16:00 - 17:30 BLOCK 17 - Groups with special needs (LGBTIQ+ and others)		16:00 - 17:30 Block 18 - Post-abortion contraception	

SATURDAY, 4 MAY 2024

ROOM 0E
08:30 - 10:00

BLOCK 19 - Abortion in Europe Joint Session ESC and FIAPAC
10:00 - 11:00 BLOCK 20 - Emergency contraception
11:00 - 11:30 Break
11:30 - 12:30 BLOCK 21 - A turbulent world/ threats in reproductive rights
12:30 - 13:00 Keynote Lecture - Innovations in contraception - Paul Blumenthal
13:00 - 13:30 Closing ceremony & Awards

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Wednesday, 1 May 2024

TIMING	AGENDA
15:00 - 17:00	Free Communications
18:00 - 19:00	Opening <i>By the ESC president & Local Committee</i>
19:00 - 20:30	Networking event, drinks, opening of the exhibition

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THURSDAY, 2 May 2024

TIMING	AGENDA
Block 1: 08:30 - 10:00	Contraception in a life cycle perspective <i>Chairs: Berna Dilbaz (Turkey), Antonio Cano (Spain)</i> Reproductive life cycle planning - <i>Cerisa Obern (Sweden)</i> Adolescent contraception - <i>Evelien Roos (Netherlands)</i> Perimenopausal contraception - <i>Antonio Cano (Spain)</i> Q&A
08:30 - 08:50	
08:50 - 09:10	
09:10 - 09:30	
09:30 - 10:00	
Block 2: 08:30 - 10:00	Debate VEMA: for all or for some <i>Chairs: Teresa Bombas (Portugal), Kristina Gemzell - Danielsson (Sweden)</i> For all - <i>Christian Fiala (Austria)</i> For some - <i>Aubert Agostini (France)</i>
ISPOG: 08:30 - 09:30	ISPOG Session <i>Chairs: Mechthild Neises-Rudolf (Germany), Leroy Edozien (Nigeria)</i> Sexuality over Lifespan-an overview - <i>Vivian Pramataroff-Hamburger (Germany)</i> Female embodiment and Reproduction - <i>M. Caroline Voss (The Netherlands)</i> Contraception from psychosomatic perspective - <i>Chulmin Lee (South Korea)</i> Q&A
08:30 - 08:45	
08:45 - 09:00	
09:00 - 09:15	
09:15 - 09:30	
Keynote Lecture: 10:00 - 10:45	Keynote Lecture <i>Chair: Kristina Gemzell - Danielsson (Sweden)</i> Women facing crises in a turbulent world - <i>Anne Kihara (Kenya)</i>
Break: 10:45 - 11:15	Coffee Break & e-posters presentations
Workshop: 10:45 - 12:45	Workshop with the experts <i>Chair: Berna Dilbaz</i> <i>Instructors: Katarina Sedlecky (Serbia), Teresa Bombas (Portugal), Giovanni Grandi (Italy), Johannes Bitzer (Switzerland)</i>
Block 3: 11:15 - 12:45	Is there truth in epidemiology <i>Chairs: Alison Edelman (USA), Sharon Cameron (UK)</i> Hormonal contraception and risk of venous thrombosis - <i>Öjvind Lidegaard (Denmark)</i> Is there a physiological explanation to VTE risk observed in epidemiological studies? - <i>Jonathan Douxfils (Belgium)</i> A tale of two studies - Heterogeneous Outcomes among homogenous study designs - <i>Clare Barnett (Germany)</i> Q&A
11:15 - 11:35	
11:35 - 11:55	
11:55 - 12:15	
12:15 - 12:45	
Block 4: 11:15 - 12:45	Contraception in women with co-morbidity (or medical conditions) (Part 1) <i>Chairs: Leila Shengelia (Georgia), Gabriele Merki (Switzerland)</i> Contraception in obese women and after bariatric surgery - <i>Pernille Ravn (Denmark)</i> Contraception in women with migraine - <i>Gabriele Merki (Switzerland)</i> ADHD/ADD/autism - <i>Helena Kopp Kallner (Sweden) and Lotta Skoglund (Sweden)</i> Q&A
11:15 - 11:35	
11:35 - 11:55	
11:55 - 12:15	
12:15 - 12:45	
Lunch: 12:45 - 14:00	Lunch
Block 5: 14:00 - 15:30	Pipeline Of Male Contraception Methods (ICMC) <i>Chairs: Stephanie Page (USA), David Serfaty (France)</i> Acceptability and desirable methods for new users of male contraception. Market Survey MCI - <i>Steve Kretchmer (USA)</i> Last Update on Transdermal NES/T gel - <i>Regine Sitruk-Ware (USA)</i> Hormonal methods in the Pipeline - <i>Stephanie Page (USA)</i> Q&A
14:00 - 14:20	
14:20 - 14:40	
14:40 - 15:00	
15:00 - 15:30	
Block 6: 14:00 - 15:30	Preventive uses of Hormonal Contraceptives <i>Chairs: Berna Dilbaz (Turkey), Leila Shengelia (Georgia)</i> Hormonal contraceptives as a tool to preserve fertility - <i>Marta Correa (Spain)</i> Hormonal contraceptives in BRCA mutation carriers. Is there a place for it? - <i>Jose Quilez (Spain)</i> Hormonal contraception and risk of cancer - <i>Lisa Iversen (UK)</i> Q&A
14:00 - 14:20	
14:20 - 14:40	
14:40 - 15:00	
15:00 - 15:30	
Break: 15:30 - 16:00	Coffee Break & e-posters presentations
Block 7: 16:00 - 17:30	FIGO's Family Planning Vision: Enhancing Reproductive Health and Choices Understanding FIGO's Strategic Planning and challenges regarding contraception - <i>Aparna Sridhar (USA)</i> FIGO current strategies and efforts to enhance postpartum and postabortion family planning - <i>Asha Kasliwa (UK)</i> Proposed future collaborations between ESC and FIGO - <i>Helena Kopp Kallner</i> Q&A
16:00 - 16:20	
16:20 - 16:40	
16:40 - 17:00	
17:00 - 17:30	
Block 8: 16:00 - 17:30	Contraception in women with co-morbidity (Part 2) <i>Chairs: Ali Kubba (UK), David Serfaty (France)</i> Cancer survivors - <i>Angelo Cagnacci (Italy)</i> Is there new data to support the screening women for hereditary thrombophilia before prescribing pills? - <i>Jonathan Douxfils (Belgium)</i> Immune disorder - <i>David D' Cruz (UK)</i> Cardiac disease - <i>Matthias Greutmann (Switzerland)</i> Q&A
16:00 - 16:15	
16:15 - 16:30	
16:30 - 16:45	
16:45 - 17:00	
17:00 - 17:30	
Block 9: 16:00 - 17:15	STI <i>Chairs: Cristian Furau (Romania), Katarina Sedlecky (Serbia)</i> The impact of STI on sexuality - <i>Johannes Bitzer (Switzerland)</i> The common errors in the diagnosis and therapy of STI - <i>Gilbert Donders (Belgium)</i> The new approaches to diagnosis and treatment of STI - <i>Katarina Sedlecky (Serbia)</i> Q&A
16:00 - 16:20	
16:20 - 16:40	
16:40 - 17:00	
17:00 - 17:15	
GA: 17:30 - 18:45	General Assembly (ESC members only)

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TIMING	AGENDA
Block 10: 08:30 - 10:00	Hot topics on abortion <i>Chairs: Sharon Cameron (UK), Cristian Furau (Romania)</i>
08:30 - 08:50	Recommendation for No Immunoglobulin anti-D before 12 weeks - <i>Antonella Lavelanet (Portugal)</i>
08:50 - 09:10	Mandatory Waiting periods - <i>Teresa Bombas (Portugal)</i>
09:10 - 09:30	Gestational age limits - <i>Silvia De Zordo (Spain)</i>
09:30 - 10:00	Q&A
Block 11: 08:30 - 10:00	Debate with pro and con <i>Chairs: Manuela Farris (Italy), Giovanni Grandi (Italy)</i>
08:30 - 09:15	Should progestin only pills be available over the counter? - <i>Rosella Nappi (Italy) (pros) & Gabriele Merki (Switzerland) (cons)</i>
09:15 - 10:00	Should natural estrogen pills (estetrol, estradiol) be the first choice for COCs? - <i>Franca Fruzzetti (Italy) (pros) & Angelo Cagnacci (Italy) (cons)</i>
Keynote Lecture: 10:00 - 10:45	Keynote Lecture <i>Chair: Helena Kopp Kallner (Sweden)</i> Improving care for those seeking abortion - Kristina Gemzell - Danielsson (Sweden)
Break: 10:45 - 11:15	Coffee Break & e-posters presentations
Block 12: 11:15 - 12:45	Therapeutic uses of Hormonal Contraceptives <i>Chair: Michelle Cooper (UK)</i>
11:15 - 11:35	Hormonal contraception for PMS / PMDD - <i>Frida Gyllenberg (Finland)</i>
11:35 - 11:55	Hormonal contraception for its preventative and therapeutic purposes for managing heavy menstrual bleeding - <i>Jackie Maybin (UK)</i>
11:55 - 12:15	Therapeutic uses of hormonal contraception when its not in the MEC? What's a clinician to do? - <i>Alison Edelman (USA)</i>
12:15 - 12:45	Q&A
Block 13: 11:15 - 12:45	The role of digital technology and social media in contraception and reproductive health
11:15 - 11:35	Tech-Forward Contraception: The Impact of AI and Social Media on Reproductive Health – <i>Aparna Sridhar (USA)</i>
11:35 - 11:55	FERTIwise: investigation of knowledge and awareness regarding fertility and family planning among health care professionals (HCPs) – <i>Philipp Quaes (Switzerland)</i>
11:55 - 12:15	The effect of social media on contraception in terms of the patient – <i>Daniela Faranna (Argentina)</i>
12:15 - 12:45	Q&A
Lunch: 12:45 - 14:00	Lunch
Workshop: 14:00 - 17:00	Workshop with the experts <i>Chair: Berna Dilbaz</i> <i>Instructors: Katarina Sedlecky (Serbia), Teresa Bombas (Portugal), Giovanni Grandi (Italy), Johannes Bitzer (Switzerland)</i>
Block 14: 14:00 - 15:30	Joint EBCOG/ESCRH Curricula and Exams in Contraception and Sexual and Reproductive Health Care – Collaboration in Capacity Building <i>Chairs: Sharon Cameron (UK), Johannes Bitzer (Switzerland)</i>
14:00 - 14:10	Introduction to the Project - <i>Johannes Bitzer (Switzerland)</i>
14:10 - 14:25	The Diploma Curriculum - <i>Sharon Cameron (UK)</i>
14:25 - 14:40	The Diploma Exam - <i>Sambit Mukhopadhyay (UK)</i>
14:40 - 14:55	The Fellowship curriculum - <i>Gabriele Merki (Switzerland)</i>
14:55 - 15:10	The Fellowship Exam - <i>Ali Kubba (UK)</i>
15:10 - 15:30	<i>Round table: The implementation and future plans – Ali Kubba (UK), Sharon Cameron (UK), Gabriele Merki (Switzerland), Johannes Bitzer (Switzerland), Sambit Mukhopadhyay (UK)</i>
Block 15: 14:00 - 15:30	Challenges in contraception research and publishing <i>Chairs: Giovanni Grandi (Italy), Carolyn Westhoff (USA)</i>
14:00 - 14:20	Snapshot of the Journal of the Society: publishing today...and tomorrow? - <i>Giovanni Grandi (Italy)</i>
14:20 - 14:40	Pros and Cons of Real-World Data (post-marketing studies) - <i>Clare Barnett (Germany)</i>
14:40 - 15:00	Balance of benefits and drawbacks of Meta-analyses - <i>Ambrogio Londero (Italy)</i>
15:00 - 15:30	Q&A
Block 16: 14:00 - 15:30	Endometriosis and adenomyosis <i>Chairs: Oskari Heikinheimo (Finland), Jackie Maybin (UK)</i>
14:00 - 14:20	Genetics, comorbidities and overlap with other diagnosis - <i>Gabriele Merki (Switzerland)</i>
14:20 - 14:40	Practical management of hormonal treatment for endometriosis - <i>Paloma Laba (Spain)</i>
14:40 - 15:00	Fertility preservation - <i>Joaquim Calaf-Alsina (Spain)</i>
15:00 - 15:30	Q&A
Break: 15:30 - 16:00	Coffee Break & e-posters presentations
Block 17: 16:00 - 17:30	Groups with special needs (LGBTIQA+ and others)
16:00 - 16:20	Transgender reproductive health care/contraception - <i>Maria Cristina Meriggiola (Italy)</i>
16:20 - 16:40	People suffering from alcoholism and drug addiction and sex workers - <i>Philipp Quaes (Switzerland)</i>
16:40 - 17:00	SRH challenges within immigrant and displaced populations - <i>Manuela Farris (Italy)</i>
17:00 - 17:30	Q&A
Block 18: 16:00 - 17:30	Post-abortion contraception <i>Chairs: Helena Kopp Kallner (Sweden), Karin Emtell Iwarsson (Sweden)</i>
16:00 - 16:20	Discussing contraception around abortion and uptake - <i>Isabella Bizjak (Sweden)</i>
16:20 - 16:40	LARC timing and abortion - <i>Oskari Heikinheimo (Finland)</i>
16:40 - 17:00	Contraception provision with telemedicine abortion - <i>Sharon Cameron (UK)</i>
17:00 - 17:30	Q&A

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TIMING	AGENDA
Block 19: 08:30 -10:00	Abortion in Europe - Joint Session ESC and FIAPAC <i>Chairs: Teresa Bombas (Portugal), Nausikaä Martens (Belgium)</i>
08:30 - 08:50	European Abortion Policies Atlas - <i>Silvia Traina (Belgium) (EPF)</i>
08:50 - 09:10	How to improve access to abortion in Eastern Europe - <i>Bojana Pinter (Slovenia)</i>
09:10 - 09:30	How to improve access to abortion in South Europe - <i>Mirella Parachini (Italy) (FIAPAC)</i>
09:30 - 10:00	Q&A
Block 20: 10:00 - 11:00	Emergency contraception <i>Chair: Anne Verougstraete (Belgium)</i>
10:00 - 10:20	Mifepristone trial - <i>Rebecca Gomperts (Netherlands)</i>
10:20 - 10:40	Role of COX-inhibitors in EC - <i>Raymond Li (China)</i>
10:40 - 11:00	Q&A
Break: 11:00 - 11:30	Coffee Break
Block 21: 11:30 - 12:30	A turbulent world/ threats in reproductive rights <i>Chairs: Paul Blumenthal (USA), Oskari Heikinheimo (Finland)</i>
11:30 - 11:45	Legal system - <i>Antonella Lavelanet (Portugal)</i>
11:45 - 12:00	How migration and refugee status affect SRHR - <i>Faysal El Kak (Lebanon)</i>
12:00 - 12:15	Sexual rights in certain countries such as living in the USA, Poland, Hungary, Roma in Romania - <i>Cristian Furau (Romania)</i>
12:15 -12:30	Q&A
Keynote Lecture: 12:30 - 13:00	Keynote Lecture <i>Chair: Sharon Cameron (UK)</i> Innovations in contraception - <i>Paul Blumenthal (USA)</i>
13:00 - 13:30	Closing ceremony & Awards

Sponsored Symposium

THURSDAY, 2 May 2024

11:15 – 12:45

SPOSY 01: Gedeon Richter

New standards in oral contraception

Chair: Jean-Michael Foidart (Belgium)

Native estrogen - why do we need it? Jean-Michael Foidart (Belgium)

How to maintain Quality of Life with oral contraceptives, Terhi Piltonen (Finland)

How to address the haemostatic balance - APCr test for risk assessment, Jonathan Douxfils (Belgium)

How to limit the environmental footprint of oral contraceptives, Patrick Kestemont (Belgium)

12:45 - 14:00

SPOSY 02: Organon

LARCs – the most effective contraceptives. Why are we not there yet?

Chair: Farah Chaudhry (UK)

Welcome and Opening

Contraception Use Today - Teresa Bombas (Portugal)

How to Teach and Train Practical Skills on LARCs? - Kristina Gemzell-Danielsson (Sweden)

Live Insertion of Etonogestrel Implant taped - Farah Chaudhry (UK)

Q&A and Closing remarks

14:30 – 15:15

SPOSY 03: Gedeon Richter

Real-World Perspectives on IUS Management: Insights from Clinical Experts and the Audience on routine insertion, post-abortion insertion, pain, HMB, user profile, comprehensive care

Chair: Arjen PP van Willigenburg (The Netherlands)

Round table discussion: Kristina Gemzell Danielsson (Sweden), Robert Spaczynski (Poland), Paula Briggs (UK)

FRIDAY, 3 May 2024

12:45 – 14:00

SPOSY 04: Bayer

Time to act: managing the impact of climate change on women's health

Chair: Rossella E. Nappi (Italy)

12:50-13:00

Introductory presentation

Climate change: the urgent need for action, Hugh Montgomery, London, UK

13:00-13:30

Panel discussion: Ali Kubba (UK), Hugh Montgomery (UK), Rosella E. Nappi (Italy)

Impact on women's individual health across their lifespan (prenatal to menopause) of climate change

13:30-14:00

Panel discussion: Ali Kubba (UK), Hugh Montgomery (UK), Rosella E. Nappi (Italy)

Practical experience sharing